



Punch Biopsy of the Vulva

Information for patients

We have taken away a small piece of skin (biopsy) from your vulva.

- You may experience a little bleeding (spotting) overnight from where the biopsy was taken.
- You can wear sanitary towels only until it stops.
- **Do not use** perfumed soaps when washing. Just use warm water on its own.
- Do not wear tight clothing or tights.
- The biopsy site may have been stitched with a dissolvable stitch (absorbed by the body, do not need to be removed). If this is causing any discomfort, it can be removed by a nurse in you GP practice after seven days.
- You can bath or shower as normal the day after the biopsy.
- Pat dry the area. Do not rub dry the site of the biopsy. You could also use a hair dryer on a cool setting to dry the area.

If there are any problems arising from this procedure, please contact the
Colposcopy Service on

0207 288 3138

and ask for the Colposcopy Nurses.



Patient advice and liaison service (PALS)

If you have a compliment, complaint or concern please contact our PALS team on 020 7288 5551 or whh-tr.PALS@nhs.net

If you need a large print, audio or translated copy of this leaflet please email whh-tr.patient-information@nhs.net. We will try our best to meet your needs.

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