

For further information

Please contact the colposcopy department on 020 7288 5118,
Monday – Friday 9.00 am to 4.00 pm

whh-tr.womenshealthadmin@nhs.net

Clinical Advice: Nurses Line: 0207 288 3138. Please leave a
message; response within 24 hours (weekdays)

Patient advice and liaison service (PALS)

If you have a compliment, complaint or concern please contact
our PALS team on 020 7288 5551 or whh-tr.PALS@nhs.net

If you need a large print, audio or translated copy of this leaflet
please email whh-tr.patient-information@nhs.net. We will try
our best to meet your needs.

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Punch Biopsy of the Vulva



You have had a minor procedure of your vulva, where we have taken away a small piece of skin.

- You may experience some spotting overnight from the biopsy site.
- You can wear sanitary towels until it stops.
- Avoid perfumed soaps when washing and use warm water alone.
- Avoid tight clothing and nylon.
- The biopsy site may have been stitched with a dissolvable suture. If this is causing any discomfort, it may be removed by your practice nurse after seven days.
- You can bath or shower as normal the day after the procedure.
- Pat dry the area, avoid rubbing or use a hair dryer on a cool setting to dry the site.

If there are any problems arising from this procedure, please contact the COLPOSCOPY SERVICE on **0207 288 3138** and ask for the colposcopy nurses.