

What are the side effects?

When you take Sertraline you may feel sick or upset in your stomach. You might also have headaches, find it difficult to sleep or feel a bit more worried than normal. These will usually go after a few weeks. If they don't, or if they get worse, or if you start feeling very upset or have thoughts of death and dying, you need to tell your parents and your doctor straight away.



Please refer to the manufacturer's patient information leaflet that comes with your medicine for more information and the full list of side effects and precautions.

If you have any questions or concerns, talk to your doctor, pharmacist, or other healthcare professional.

Patient advice and liaison service (PALS)

If you have a compliment, complaint or concern please contact our PALS team on 020 7288 5551 or whh-tr.whithealthPALS@nhs.net

If you need a large print, audio or translated copy of this leaflet please contact us on 020 7288 3182. We will try our best to meet your needs.

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Sertraline

A patient's guide for children



What is it for?

It can help you if you feel very sad or very worried about things, especially if these things get in the way of school or your friendships.



How do I take it?

You can take Sertraline as a tablet to swallow.

When can I take Sertraline?

It is very important that you take it every day around the same time until your doctor tells you to stop.

What if I forget one?

If you miss one then tell your parents straight away. You will need to take the next dose as soon as you remember it, but don't take two doses in the same day.

What if I take more than I should?

You should immediately tell your parents or someone who can help you and go to your local hospital to be checked.



When can I stop taking Sertraline?

You usually need to keep taking the medicine for six months after you start feeling better. If you stop too early your difficulties might return. It is best to wait until your doctor says you should stop, and you should never stop it suddenly.



Can I take other medication with Sertraline?

You can take Paracetamol, but if you are taking other medications ask your parents to tell your doctor immediately.