

## Top Tips

The important thing is the process of making & playing with the playdough together, NOT how messy or tidy it is!

Your child will learn best if you support them throughout the activity.

- **Sing with your child as you make and play with the dough**

*"This is the way we roll the dough, roll the dough, roll the dough ..."*

- **Offer choices while you play:**

*"Should we make a long or short snake?"*

*"Will this ball be big or small?"*

*"Should we roll or squeeze this piece?"*

- **Play together** - Pretend to be in the kitchen

Use the playdough as 'food' when pretending to bake or cook. **Talk about** what you are doing.

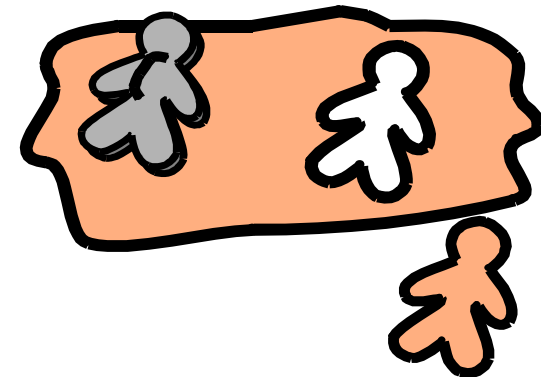


If you would like any information or advice about your child's talking, please contact

**Bright Start Speech and Language Therapy**

0203 316 1897

I can make ...  
Play Dough



- Try to limit the amount of TV your child watches
- Choose the programs your child watches carefully
- Enjoy & watch TV together
- Turn it off & play together

# 1 minute play dough recipe

## What do you need?

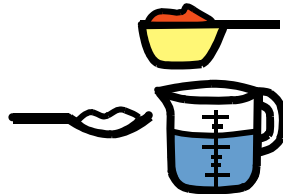


- 1/2 cup of salt
- 1 cup of flour
- 1 tablespoon of cream of tartar (find it in most shops with the baking ingredients)
- 1 tablespoon of oil
- 1 cup of boiling water (from the kettle)

## How do you do it?

Put all the dry ingredients in a bowl and then mix with the hot water.

*Adults should handle the hot water*



## For a change:

Add food colouring to the boiling water to make different coloured dough!

Add glitter for extra sparkle!

**Together** you & your child can now shape, squeeze, roll or cut the dough

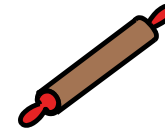
# Talk as you play with your child

Play dough lets us use lots of action words:

“You’re cutting.”



“I’m squeezing.”



“You’re rolling”

Talk about what the dough feels or looks like:

“Your play dough looks like a snake!”

“Mine is longer than yours.”

“This feels cold.”

