

## When to be concerned:

- Does your child not respond to their name?
- Are they 18 months and not using any words?
- Are they over 2 years and not following instructions without gesture?
- Are they over 3 years and family members can't understand them?
- Are they showing signs of frustration?

## What to do if you are concerned:

- Try not to feel anxious. All children develop differently.
- Speak to your Health Visitor. They can give you advice or direct you to a drop in session to speak informally with a Speech and Language Therapist.

Contact Islington Bright Start Speech and Language Therapy  
**0203 316 1897**



A Health Programme devised by  
Southwark Speech & Language Therapy Service



Children learn  
from your talk

Children learn  
through your play

So...



# Talk & Play

## Everyday!



Let's do the building!

Speech sounds

**Spoken language**

This is children's own use of words and sentences, and not just copying back.

**Understanding**

Children need to understand the true meanings of words before they can use them.

**Play**

Children learn through play.

**Attention and listening**

Children need to be able to listen before they can learn.

**The building blocks to talking**

**Children learn from your talk**  
**Children learn through your play**



Tell your child what is happening.

Add gestures and visuals.

Listen and repeat.

Keep it short.



Parents are the best toy.

Learn through having fun.

Always get down to their level.

Your child leads the play.