

# MY ONE PAGE PASSPORT!

A photo of  
me

My name is: \_\_\_\_\_

I am \_\_\_\_\_ years old

What I like and do not like

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What is important to me

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How to Support me

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# QUESTIONS TO THINK ABOUT

A photo of me

**My Name is:**

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What I like and do not like:

**What makes me happy? What foods do I like? These are**

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**things I like to do or talk about. Don't talk loudly at me,**

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**Foods I don't like, Physical touch, Loud noises, Bright**

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**lights.**

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What is important to me

**How to communicate with me (speaking speed, signing,**

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**pictures)? Things that help me settle are... I show that I'm**

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**in pain by... Do I need help going to the toilet?**

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How to Support me

**How do I communicate? What am I allergic to? What**

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**medicine do I take normally? What to do if I am anxious,**

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**worried or upset...**

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