



The colorectal multidisciplinary team

A patient's guide



Your colorectal MDT members include:

Surgeons:

- Mr Chetan Bhan (MDT Lead)
- Mr Ayo Oshowo
- Mr Jonathan Wilson
- Mr Hasan Mukhtar

Gastroenterologists:

- Dr Deepak Suri
- Dr Clive Onnie
- Dr Voi Shim Wong

Radiologists:

- Dr Diane Murray
- Dr Michael Steward
- Dr Phyliss Brown

Histopathologist:

- Dr Dhili Arul

Oncologists:

- Dr Pauline Leonard
- Dr Tom Richards

Consultant Palliative Care

- Dr Anna Gorringer
- Robert Hammond -Nurse Consultant

Clinical Nurse Specialists:

- Maria Walshe -Colorectal Nurse
- Ann Phillips -Colorectal Nurse
- Elaine Cronin -Stoma Nurse
- Marian Hickey -Palliative Care Nurse

MDT coordinator: Leonara Shala

Further information

Visit the Macmillan information centre in the main entrance of The Whittington Hospital.

Patient advice and liaison service (PALS)

If you have a compliment, complaint or concern please contact our PALS team on 020 7288 5551 or whh-tr.whitthealthPALS@nhs.net

If you need a large print, audio or translated copy of this leaflet please contact us on 020 7288 3182. We will try our best to meet your needs.

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Whittington Health NHS Trust

Magdala Avenue

London

N19 5NF

Phone: 020 7272 3070

www.whittington.nhs.uk

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What is a multidisciplinary team and how does it work?

A multidisciplinary team (MDT) is a group of consultants and other health professionals with expertise in a specific cancer. Together they meet to discuss and manage an individual patient's care.

When an MDT group meets to plan your treatment, they consider all of the scan and test results that you have had since your initial cancer diagnosis. They also take into account your age, general health, the cancer stage (size and whether it has spread) and its grade (which indicates how quickly it may grow or develop). They take into consideration your psychological and social needs and ensure these are met.

The MDT meetings offer a forum for experts to plan and agree a programme of treatment specific to your needs. This approach ensures that all necessary investigations are carried out as quickly as possible and the best available treatment is offered.

The treatment options are discussed with yourself and your family at the following outpatient appointment and treatment can then start without delay.

Who is in the team?

This depends on the type of cancer you have. Most teams will involve:

- a surgeon
- a radiologist (specialist in x-rays and related scans)
- a histopathologist (a doctor who makes diagnosis from tissue samples)
- oncologists (doctors specialised in chemotherapy and radiotherapy)
- a palliative care doctor (a specialist in easing or relieving the symptoms cancer)
- a clinical nurse specialist
- MDT coordinator

Colorectal cancer MDT

The colorectal cancer MDT at Whittington Health is a group of experts with a specialist role in the diagnosis, treatment and management of people with colorectal cancer. The team meets every Friday to discuss, in confidence, patients with a suspected or confirmed diagnosis of colorectal cancer.

Key worker

Maria & Ann are the key workers for the colorectal MDT. Should you wish to discuss any of the MDT concerns please contact her on 020 7288 5975.

What types of treatment can be offered?

Treatment options include:

- Surgery
- Chemotherapy
- Radiotherapy
- Stent insertion
- Supportive care.

Where will treatment take place?

- Primary surgery will usually take place at The Whittington Hospital.
- Chemotherapy will take place in the chemotherapy unit at The Whittington Hospital.
- Radiotherapy will take place at the University College London Hospital.
- Specialist scans to help plan treatment may also take place at other hospitals.

Treatment options

If you are offered a choice about which treatment you have this can be difficult. Considering all the options is usually the best way to make the decision. Make sure you have enough information about what the treatments involve and any side effects, and feel free to discuss the right choice with any member of the multidisciplinary team or key worker.