



Proactive Ageing Well Service (PAWS)

Working in partnership with GP practices

Who are we?

We are a community team working with Islington GP surgeries and other health care professionals, for example district nurses or the rehabilitation team. We help people get the care and support they need to stay well and live independently at home.

Our team includes:

- Consultant Geriatrician (a specialist Doctor in older people)
- Nurses
- Pharmacist
- Physiotherapist
- Age UK Community Navigator
- Administrator

How does it work?

- Your GP or healthcare professional has asked us to contact you because they think you would benefit from our service.
- We will contact you by telephone to arrange a home visit from a member of our team.
- You will then receive a visit from a team member, who will do a home assessment.
- After the assessment we can put helpful, short-term interventions in place, for example: medication review, home adjustments/equipment installation and referral to other community services if required.
- We can also introduce you to other support services we think you might be interested in and arrange any further support you might need.



How we can help

Do you...

- need help when you are moving around or going out and about?
- want to learn ways to make it easier to live on your own?
- want to find support with washing, dressing, and making meals?
- feel like you are forgetful?
- have falls or feel like you lose your balance?
- take a lot of medications or have trouble taking your medicine?
- have many health conditions?
- want to get involved in community activities?
- want to find out about local services?

We can help you with any long-term conditions you might be experiencing, like diabetes and heart problems. We can look at how you are taking your medicine, or whether you can or want to get out of the house a bit more.

We want to support you and help you to figure out what might make your life easier and more enjoyable.

Please contact our team for any follow up enquiries regarding our visit or our service.

Contact your GP for any routine health concerns.

Your care plan

You were seen by



How to contact us

Proactive Ageing Well Service (PAWS) telephone: 0203 316 8795

Feedback



1. Open the camera app on your device and point at the QR code.
2. Click on the pop-up link and complete the questionnaire.

RATE YOUR EXPERIENCE



Patient advice and liaison service (PALS)

If you have a compliment, complaint or concern please contact our PALS team on 020 7288 5551 or whh-tr.PALS@nhs.net

If you need a large print, audio or translated copy of this leaflet please email whh-tr.patient-information@nhs.net. We will try our best to meet your needs.

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Whittington Health NHS Trust
Magdala Avenue
London
N19 5NF
Phone: 020 7272 3070
www.whittington.nhs.uk

Date published: 29/07/2024
Review date: 29/07/2026
Ref: ACS/FACCT/PAWS/02

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