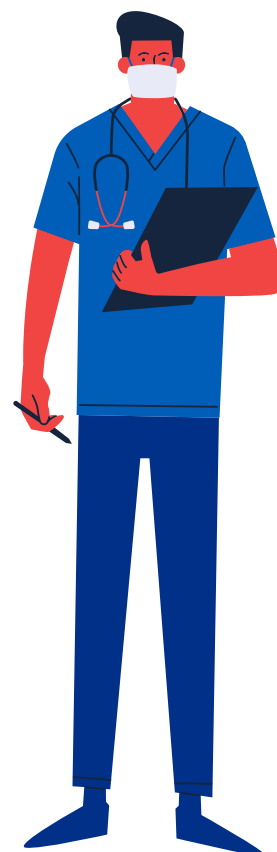


Visiting hospital

**A VISUAL STORY TO EXPLAIN
CURRENT CHANGES**



What is Coronavirus?

Coronavirus is a **new illness**.

It can make people a **little bit unwell** or **very unwell**.

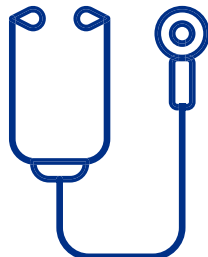
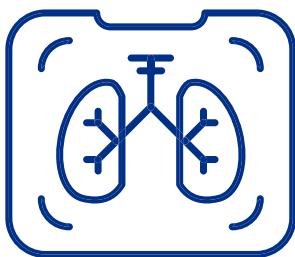
Some people might go to **hospital** if they feel very unwell.



If they are unwell with coronavirus they might:

- have a high **temperature**
- have a **cough** or struggle with **breathing**
- feel very **tired**

Coronavirus might feel like a **flu** or **cold**. Coronavirus might also feel worse for people who are already ill.



Visiting different hospitals

When children feel **very unwell**, they might go to hospital.

Hospitals are changing **who they see** at the moment.

You may go to a **different hospital** to normal.

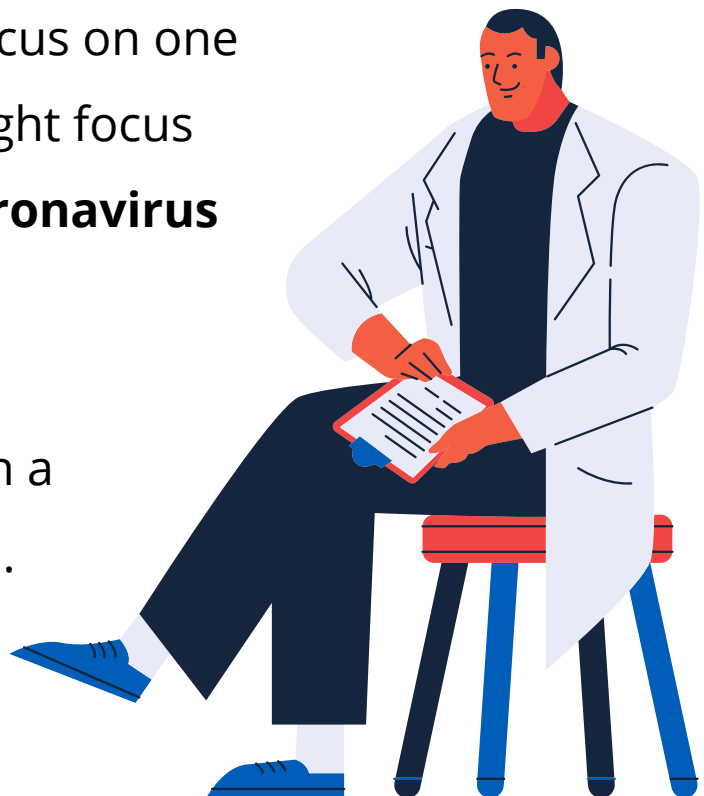
This is to **help hospitals** look after people who are **very sick**.



The NHS have **changed the hospital** you might go to.

This is so hospitals can focus on one group of people. They might focus on **children**, adults or **coronavirus patients**.

Adults might be helped in a **different hospital** to you.



Staying in hospital

You might have gone to **hospital** before if you were very unwell and had to **stay in hospital**.

Children and young people who have to stay in hospital who are **very unwell** are now in **Great Ormond Street Hospital**. They only look after children.

This is called **in-patient** care.



The NHS have **changed the hospital** you might go to. This is so hospitals can focus on **one group of people**.

You might see **hospital staff** you don't know.

Adults might be helped in a **different hospital** to you.



In an emergency

If you are suddenly unwell or hurt yourself, you should go to **Whittington Hospital**.

This might happen in an **emergency**.

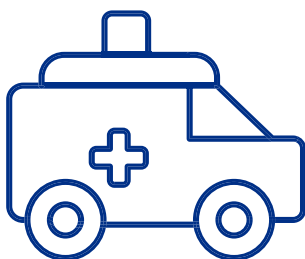
Some people might go to **Great Ormond Street Hospital** if they have to **stay in hospital**.



You should only go to the emergency department in a **medical emergency**.

You can call **999** if you need help **urgently**.

You can call **111** if you feel **very unwell** and need advice.



For general health

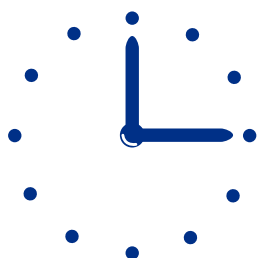
To keep you safe if you need **non emergency** mental or physical health care these will be at the **Northern Medical Centre**.



This change is to **reduce** the number of people going to **hospital**.

This is a **temporary** change.

When people are at less risk of getting coronavirus there might be more **change**.



Stay safe, stay at home

If you feel **unwell** and you are unsure of what to do you can **ask for help**.

You can **ring 111** to get advice if you **feel unwell**.

You can talk to **your GP** for about your health. This might be by **phone call**.

People should **stay at home** to keep everyone safe.



If you think you might have coronavirus you must **stay home**.

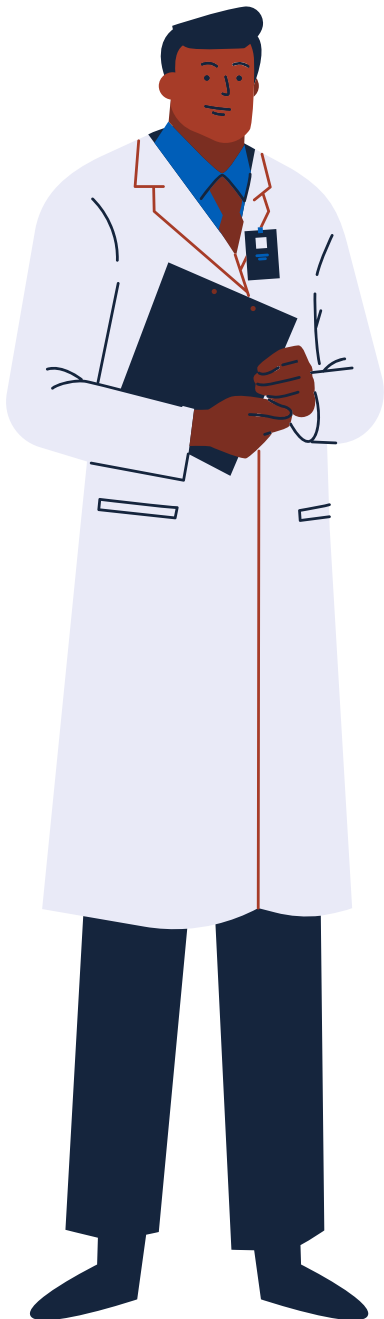
You will have to stay home for **at least 7 days**.

The **government** have created **rules** to keep people **safe**.

You can see the latest information on the [NHS coronavirus website](#).

What to do if you are worried

If you think you may have Coronavirus do not visit your GP or the Emergency Department. You can find up to date information on www.nhs.uk/coronavirus



Stay at home if you have either:

- a **high temperature**
 - this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous **cough**
 - this means coughing a lot for more than an hour, or three or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

Resources that might help

The **Children's Commissioner for England** has created [information and resources](#) for children.

MindHeart have created a [resource](#) to explain coronavirus to younger children.

Easy Read Online has created easy read documents [explaining coronavirus](#) and [explaining quarantine](#) based on government guidance.

Young Minds have [advice for parents](#) when talking about coronavirus to their child. Young Minds also have [advice for young people](#).

The **NHS** have up to date information on www.nhs.uk/coronavirus.

You can [contact 111](#) online.

