

Contacting us:



You can contact us by telephone on
0203 074 2903.

Our address:

Haringey Stroke Rehabilitation Service
Integrated Community Therapy Team
Stuart Crescent Health Centre,
8 Stuart Crescent,
Wood Green,
N22 5NJ

Other useful contacts:



Mobility and Seating Solution Service:
020 3074 2850



Haringey Adult Social Care:
020 8489 1400



Medequip (equipment
service): 020 8709 7050

Patient advice and liaison service (PALS)

If you have a compliment, complaint or
concern please contact our PALS team on
020 7288 5551 or
whh-tr.whitthealthPALS@nhs.net

If you need a large print, audio or translated
copy of this leaflet please contact us on 020
7288 3182. We will try our best to meet your
needs.

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Haringey Community Stroke Rehabilitation Service

A patient's guide



Who are we?

We are a specialist service providing rehabilitation for adult stroke survivors.

Eligibility

- Over 16
- Live in Haringey
- Registered with a GP
- Experienced a stroke recently

Who works in our team?

- Physiotherapist
- Occupational therapist
- Speech and language therapist
- Rehabilitation technician

We also work closely with Stroke Recovery Co-coordinators from the Stroke Association.

What can we offer?

We offer appointments from **Monday-Friday**.

Our therapy is carried out in the **home**, in a **clinic** or in **community settings**. Your therapist will advise what would work best.

Everyone's stroke recovery is different. It can be a long journey. Some people find they can get back to life quickly. Other people adjust to a new way of doing things. We can help give you the tools to support you on your journey.

We expect you to:

- be involved in your rehabilitation
- identify challenges you'd like to tackle
- work independently towards your goals outside of sessions

Stroke Service; Individual and Therapist Agreement

We can provide rehabilitation programmes for **6 - 8** weeks.

You may be discharged before that time.

You will be **discharged** if you **do not participate** in your rehabilitation.

You will also be **discharged** if you do not attend **2** agreed appointments without giving us notice.