

Patient advice and liaison service (PALS)

If you have a compliment, complaint or concern please contact our PALS team on 020 7288 5551 or whh-tr.whitthealthPALS@nhs.net

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Otovent

An Auto-Inflation Device



Information for parents

This sheet answers common questions about Otovent, an auto-inflation device used to relieve symptoms of middle ear or Eustachian tube dysfunction (middle ear dysfunction is sometimes referred to as glue ear). If you would like further information or have any questions, please do not hesitate to speak to the clinician who recommended the device.

What is Otovent?

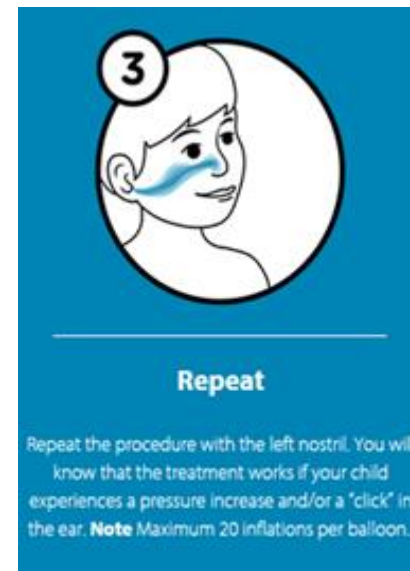
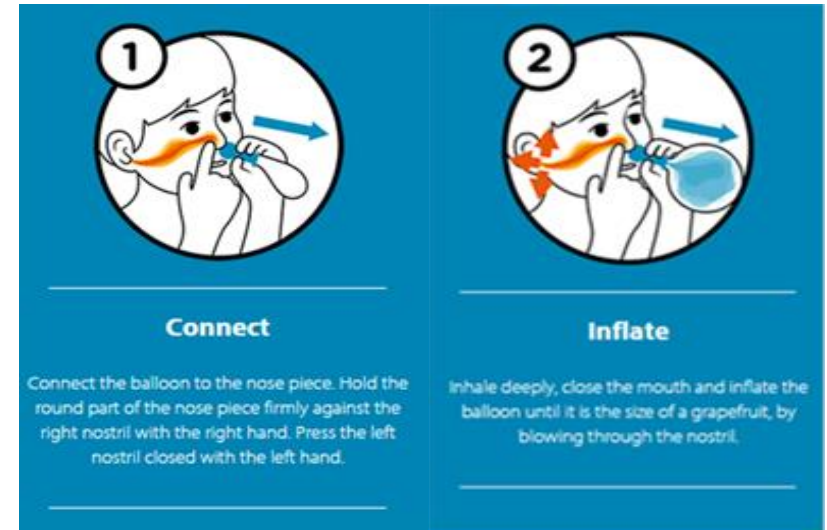
The Otovent auto-inflation device is a safe, non-invasive alternative to surgery to relieve symptoms of middle ear dysfunction or Eustachian tube dysfunction.

An Otovent is a small balloon that your child blows up through their nose. The Otovent balloon helps to equalise the pressure between the middle ear and the air around us. It aids to relieve the symptoms of the middle ear congestion by opening up the Eustachian tube (the tube which connects the middle ear to the back of the nose and usually makes the pressure the same).

How do use the Otovent and how long for?

The normal recommendation is to use Otovent twice a day (two to three inflations from each nostril while keeping the mouth shut). Your clinician will advise how long your child will need to use it for, but this is normally for a minimum of three weeks, by which time your child should start to notice a difference, i.e. feels less blocked and notices a popping sensation during inflations.

Otovent can be purchased over the counter at most pharmacies or can be ordered if they do not have it in stock. They can also be purchased online via the Otovent website: www.gluear.co.uk. For further information regarding this leaflet please contact us by email: whh-tr.Audiology-WhittHealth@nhs.net



NB: Otovent should not be used if your child has discharge from the nose or suffers from nose bleeds. Always read the instructions that come with the device.