

## Going to the pharmacy

You may go to the pharmacy if you are **unwell** or your doctor has sent a paper **prescription or e-prescription**.



**Before** you go to the pharmacy information you should know:

- Your address
- NHS number
- Date of Birth
- If you have to **pay** for medication



## Talking to the pharmacist

If you are **unwell** and you are looking for **advice** you could say:

- These are my **symptoms** (list what you are feeling)
- How do I take this **new medicine**?
- Can you **write down** how I need to take this medicine?



If you have been **prescribed medicine** by your doctor:

- I am here for **my prescription**. (E-Prescription on the computer)
- I need this medication (show your paper prescription.)



## What to do after visiting the pharmacy

The pharmacist may advise:

- To rest
- Take medication
- Suggest you seek more **urgent help**



- Call **999** if you need **help urgently**.
- Go to the **emergency department** in your nearest hospital.

If you are **very unwell**:

• Call **111** if you feel **very unwell** or need **advice**.







## **Resources that may help**

**Easy Read Online** has created an easy read document explaining <u>ways a</u> <u>pharmacy can help</u>.

For <u>more information</u> and finding your **nearest pharmacy**.

<u>Contact 111</u> online if you need **advice**, or you are **unsure**.



