Special Tooth brushing Aids

Dr. Barmen Super brush Three sided, surround special toothbrush



Bedi Mouth Prop The device comfortably and securely keeps the mouth open while the caregiver carries out oral care.





Top Tip
Use reminders and prompts. A small amount of toothpaste on the Individual's lip may prompt them to open their mouth.



Special Tooth brushing Aids



If you require this information in another format please contact:

Whittington Patient Advice and Complaints services
Tel:0207 288 5551
email: whh- tr.whitthealthPALS@nhs.net

Oral Health Promotion Team
Whittington Health Community Dental Services
Hunter Street Health Centre
8 Hunter Street
London WC1N1BN
Phone: 020 3316 8353



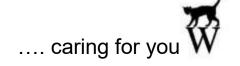
www.whittington.nhs.uk



Helping with Toothbrushing for Dementia Patients

Practical Tips





Modified Oral Care Techniques to Simplify the Task of Tooth Brushing

The most useful approach to improve communication with cognitively impaired adults is to break the task down into small achievable steps:

Bridging The caregiver starts brushing the individual's teeth and the individual takes over.



Chaining

To improve sensory connection: the individual holds a toothbrush while the caregiver brushes the teeth.



Hand over Hand Technique

Caregiver's hand is placed over the individual's hand to guide them through the task of tooth brushing.



Distraction

By singing, getting them to hold an item or gentle touch and talking.



Rescuing

A second caregiver or person enters a situation and offers to 'help' the individual by taking over for the initial caregiver.



Body Language & Caring Attitude



Right Environment



Standing in Front Position



Cuddle Position from back or side



Say"EEEE" to clean in between teeth

