

## Replacing Dentures

1. Over time dentures will need to be re-lined, rebased or remade.
2. The dentist will use your existing denture to reline or rebase.
3. Dentures may need replacing if they become loose and the teeth show signs of significant wear.
4. Dentures become loose because our mouth may naturally change with age.
5. It is important to replace worn or poorly-fitting dentures before they start causing problems.

## NHS Dental Charges

1. If you pay for NHS dental treatment, the amount you spend will depend on what Band treatment you need.
2. You may be entitled to free NHS dental treatment please if you receive certain benefits.  
Information on NHS dentals costs and exemption can be found on the website:

<https://www.nhs.uk/common-health-questions/dental-health/who-is-entitled-to-free-nhs-dental-treatment-in-england/>

Don't forget, even if you have no teeth and wear dentures, you still need to visit your dentist regularly for a check-up

## Community Dental Services

Oral Health Promotion Team Hunter  
Street Health Centre 8 Hunter  
Street London WC1N1BN  
Phone: 020 3316 8353

If you require this information in  
another format please contact:

Whittington Patient Advice and Complaints  
Services Tel:0207 288 5551

E-mail: [whh-tr.whitthealthPALS@nhs.net](mailto:whh-tr.whitthealthPALS@nhs.net)

For further health services information,  
Please contact: NHS Choices on  
[www.nhs.uk](http://www.nhs.uk)

## Oral Health Promotion Team



.... caring for you



Whittington Health **NHS**

Community Dental Services



## Denture Care

[www.whittington.nhs.uk](http://www.whittington.nhs.uk)

## New Denture

1. Your denture may feel uncomfortable at first. This usually lasts a few days, but could last a number of weeks. If it does not settle down or there are any sore areas you should see your dentist.

2. Wearing dentures may affect what you are able to eat, initially it may be difficult to bite hard foods.

### Cleaning Routine



1. BRUSH the denture using a soft brush to remove any soft debris and superficial build-up. You can use plain soap and water or denture cleansing paste.

2. SOAK the denture in special denture tablets for the time written on the package, e.g.

5-10 Minutes to remove bacteria/stains .  
Avoid soaking overnight in cleanser.  
RINSE thoroughly before wearing to remove any residue.

3. Clean dentures over a sink/bowl of water or a folded towel to prevent damage if accidentally dropped.

## Partial Denture



If you wear partial dentures, special consideration should be given to the natural teeth adjoining the dentures for prevention of tooth decay and gum disease.

1. ALWAYS remove your dentures before cleaning your natural teeth.

2. BRUSH your teeth twice a day using a gentle circular motion pointing the bristles of the toothbrush towards the gum line.

3. DON'T forget the teeth which stand on their own or any isolated teeth at the back.

ALWAYS try to rinse your mouth after eating

if possible remove the denture and rinse it  
To clean in between teeth, dental floss or inter-dental brushes should be used.

4. Partial dentures may have metal clasps/bases that can be affected by some denture cleansers (chloride or acid-based cleansers). Check on the packaging that the

cleanser is suitable for metal dentures.

## Important Tips



1. Do not use toothpaste to clean dentures it can scratch the polished surface.

2. Never soak the denture in boiling water. This can cause bleaching and may also damage the denture's shape.

3. Remove your denture at night to give your mouth a rest. Store your dentures overnight in plain cold water.

4. You should always visit your dentist for regular checkups, even if you do not have any teeth the dentist still needs to check that your mouth is healthy.

