

**FoI request re: ADHD statistics**  
**Ref: 21-SV-1406**

Please accept our apologies for the delay in responding to your request for information relating to waiting time for an undiagnosed patient to see a psychiatrist for ADHD.

This was received on 15 May 2021 and has been dealt with under the terms of the Freedom of Information Act 2000.

**Request 1:**

The current wait time for an undiagnosed adult to see a psychiatrist for ADHD after being referred from a GP on the NHS

[We do not have psychiatrists in the adult services as we are a primary care psychological therapies service.](#)

**Request 2:**

The current wait time for an undiagnosed child to see a psychiatrist for ADHD after being referred from a GP on the NHS

[We can neither confirm nor deny whether some of the information you have requested is held by the Trust in its entirety. This is because the information requested is not held in an easily retrievable format but may be recorded in individual health records. In order to confirm whether this information is held we would therefore have to individually access all health records within the Trust and extract the information where it is present. We therefore estimate that complying with your request is exempt under section 12 of the FOI Act: \*cost of compliance is excessive\*. The section 12 exemption applies when it is estimated a request will take in excess of 18 hours to complete. We estimate that accessing and reviewing all health records and then extracting relevant information would take longer than the 18 hours allowed for.](#)

**Request 3:**

The current wait time to see a Cognitive Behavioural Therapist for ADHD following an ADHD diagnosis

[See above](#)

**Request 4:**

The number of children (under the age of 18) with an ADHD diagnosis

[See above response 2](#)

**Request 5:**

The number of children (under the age of 18) with an ADHD diagnosis who are also being treated for a psychiatric comorbidity, including, but not limited to: depression, anxiety, personality disorders such as borderline personality disorder, sleep disorders and substance abuse.

Please provide this as a breakdown by comorbidity

[See above response 2](#)

**Request 6:**

The number of adults (over the age of 18) with an ADHD diagnosis

[We do not accept patients with ADHD alone, we would refer to secondary care.](#)

**Request 7:**

The number of adults (over the age of 18) with an ADHD diagnosis who are also being treated for a psychiatric comorbidity, including, but not limited to: depression, anxiety,

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personality disorders such as borderline personality disorder, sleep disorders and substance abuse.

Please provide this as a breakdown by comorbidity

[See above response 6](#)

**Request 8:**

Please could you also provide the average wait time for each year from 2015-2020, if doing so will not push this request over the cost limit.

[See above](#)

I hope you find this information useful. Please quote the above reference in any further communication on this matter.

If you require any further assistance, please do not hesitate to contact me by email or at the address shown below.

Yours sincerely

FOI Coordinator  
**Freedom of Information Office**  
[Whittington Health](#)  
[Highgate Wing, Level 5](#)  
[Magdala Avenue](#)  
London, N19 5NF  
[foi.whitthealth@nhs.net](mailto:foi.whitthealth@nhs.net)



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If you are dissatisfied with this response, Whittington Health operates a complaints procedure, details of which can be found below:

**FOI Complaints:**

In the first instance, write to:

**Director Lead for Information Governance**

Chief Operating Officer  
Jenner Building  
Magdala Avenue  
London  
N19 5NF  
020 7288 5255  
[foi.whitthealth@nhs.net](mailto:foi.whitthealth@nhs.net)

If you remain dissatisfied with the Trust's response, you may write to:

**Information Commissioner's Office**

Wycliffe House  
Water Lane  
Wilmslow  
Cheshire SK9 5AF  
Telephone: 0303 123 1113 or 01625 545745  
[www.ico.org.uk](http://www.ico.org.uk)

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