

We are pleased to share with you the universal training menu for Summer Term 2025

- All sessions are FREE and delivered virtually (via Microsoft Teams), by Barnet Children's Integrated Therapy service therapists
 - Our training is for anyone supporting a child or young person with relevant needs
 - To book a place on a course, click on the Eventbrite link alongside below
 - On the Eventbrite site, enter your name + email address and you will be emailed the link to the online session before it starts
 - You can share the MS teams link with another family member or carer, but we will ask for attendee details in the session
 - Booking on Eventbrite closes 3 hours before the session starts
- If the event is fully-booked on Eventbrite contact whh-tr.barnetcit@nhs.net or 020 3316 8900

Free Videos

Training Videos (viewable any time):

VIDEO - Sensory Processing - Part 1: Supporting Sensory Based Self-Care Needs

Suitable for anyone working to support self-care skills for children with sensory processing issues. Length of Video = 20 minutes

To View:

<https://vimeo.com/907762094/d3b73bcc94?share=copy>

VIDEO - Sensory Processing - Part 2: Supporting Functional Skills

An in-depth training of sensory processing and arousal levels. Specific strategies to support with participation at school.

Length of Video = 18 minutes

To View:

<https://vimeo.com/928015034/635f48e8ea?share=copy>

VIDEO - Supporting schools with the sensory environment

Suitable for anyone working to create appropriate sensory environments

Length of Video = 22 minutes

To View:

<https://vimeo.com/908665244/dc3412557a?share=copy>

VIDEO- Sensory Circuits

Theory behind sensory circuits, how to implement sensory circuits at school (especially secondary school), when to complete an individual sensory plan and how to write a sensory plan. Length of Video = 24 minutes

To View:

<https://vimeo.com/1008372834/d39624429e?share=copy>

VIDEO-Supporting children who have Hypermobility

Learn about what is Hypermobility, how to manage Hypermobility, and how it impacts on everyday functional activities

Length of Video = 27 minutes

To View:

<https://vimeo.com/1026580441?share=copy#t=0>

**Summer
2025**

Training Sessions (please book a place):

29/04/2025

14:30-16:00

**Parents, Early
Years staff,
Primary School
Staff, other
professionals**

Food refusal, food avoidance and food explorers

Aims:

Supporting children who have difficulties related to avoidant or restrictive eating. The training will include:

- Understanding your child's feeding behaviour*
- Seating / positioning*
- Different methods of feeding*
- Different equipment*
- How Sensory Processing difficulties impact on eating & drinking*
- Environmental factors*
- Messy play and food play*

To Book:

<https://www.eventbrite.co.uk/e/food-refusal-food-avoidance-and-food-explorers-tickets-1292733624069?aff=oddtcreator>

29/04/2025

15:30-16:30

**Parents,
Primary School
Staff, other
professionals**

Supporting Expressive language targets – for primary school

Aims:

- To discuss expressive language targets and model how you can work on these with the children you are supporting*
- To consider activities you can use within your setting to work on these targets*
- To support with any expressive language targets you have been provided with, to work on with children*

To Book:

<https://www.eventbrite.co.uk/e/supporting-expressive-language-targets-for-primary-school-tickets-1292760735159?aff=oddtcreator>

29/04/2025

15:30-16:45

**Parent, Early
Years Staff,
School staff,
other
Professionals**

Supporting pupils who Stammer in Early Years and Primary School.

Aims:

- To describe the impact stammering (stuttering) can have on pupils in education settings. Information will be shared to help you -*
- Create an environment that communicates the message – it is ok to stammer.*
- Build pupils' confidence about their communication abilities whether speaking fluently or with stammering.*
- Adapt demands of typical speaking situations to suit individual needs*
- There be opportunities for participants to ask questions.*

To Book:

<https://www.eventbrite.co.uk/e/1292766000909?aff=oddtcreator>

01/05/2025

13:00-14:00

**Parents and
Primary School
Staff, Other
professionals**

Key word signing-School Aged

Aims:

To understand the importance of non-verbal communication, to learn a range of signs to use with children in the classroom, To understand how to use signing to support children's communication skills

To Book:

<https://www.eventbrite.co.uk/e/1292768057059?aff=oddtcreator>

01/05/2025
14:00-15:00
Parents, Early Years and School Staff, other professionals

Supporting the development of young children's language

Aims:
-Learn about how language develops
-Learn about the importance of interaction and play
-Consider strategies you can use to support language and communication skills in children under 5

To Book:
<https://www.eventbrite.co.uk/e/supporting-the-development-of-young-childrens-language-tickets-1292769842399>

01/05/2025
14:00-15:00
Parents, School Staff, other professionals

Understanding Questions-blanks levels of questions

Aims:
To learn about the Blanks Level framework
Why use Blank Levels?
-To help adults change their language so that the child understands what they are being asked;
-To encourage the development of verbal reasoning skills (e.g. 'what do you draw with?', 'what might happen next?'); To help set appropriate language targets

To Book:
<https://www.eventbrite.co.uk/e/understanding-questions-blanks-levels-of-questions-tickets-1295945661359>

07/05/2025
09:30-10:30
Parents and School Staff

Introduction to Paper Based AAC

Aims:
-To learn about Core Boards and how to use a core vocabulary approach in AAC
-We'll also share ideas for implementation

To Book:
<https://www.eventbrite.co.uk/e/introduction-to-paper-based-aac-tickets-1292771487319>

07/05/2025
12:00-12:45
Suitable for All

How to make a referral to Barnet Children's Therapies

Aims:
Are you unsure about how to make a referral to Barnet Children's Integrated Therapies? Find out what to put on the referral form and how to make a referral

To Book:
<https://www.eventbrite.co.uk/e/how-to-make-a-referral-to-barnet-therapies-tickets-1296764550679>

07/05/2025
12:30-13:30
Parents, Early Years Staff, School Staff, other professionals

Supporting Early Communicators with Language and Social Communication Needs

Aims:
-Understand how early language and social communication skills develop?
-Gain strategies you can use to help develop these skills

To Book:
<https://www.eventbrite.co.uk/e/supporting-early-communicators-with-language-and-social-communication-needs-tickets-1292783192329>

07/05/2025

15:00-16:00

Parents,
Secondary
School Staff,
Other
Professionals

Social Problem Solving for Adolescents (“Social 3”)

Aims:

Learn about how to support adolescents with problem-solving skills, and their relevance to social interactions

To Book:

<https://www.eventbrite.co.uk/e/social-problem-solving-for-adolescents-tickets-1292785218389>

08/05/2025

10:00-11:00

Parents, School
Staff, other
professionals

Key Word Signing for Early Communicators

Aims:

To understand the importance of non-verbal communication, To learn a range of signs to use with children in the early stages of communication. To understand how to use signing to support children's communication skills

To Book:

<https://www.eventbrite.co.uk/e/key-word-signing-for-early-communicators-tickets-1292798227299>

08/05/2025

14:00-15:00

Parents,
Primary School
Staff, other
professionals

Supporting Receptive Language Targets-Primary School

Aims:

*- To go through different receptive language targets and to model how you can work on these with the children you are supporting
- To discuss activities you can use within your setting to work on these targets
- To support with any receptive language targets you have been provided with, to work on with children*

To Book:

<https://www.eventbrite.co.uk/e/supporting-receptive-language-targets-primary-school-tickets-1292805388719>

09/05/2025

09:30-10:30

Parents, Early
Years Staff,
School staff,
other
professionals

Supporting Deaf Children in Nursery

Aims:

*-What do you need to consider when setting up communication groups in nurseries for deaf children
-Learn and share ideas*

To Book:

<https://www.eventbrite.co.uk/e/supporting-deaf-children-in-nursery-tickets-1295871900739?aff=oddtcreator>

09/05/2025

11:00-12:00

Parent, Early
Years Staff,
School staff,
other
Professionals

Introduction to Sensory Based Functional Needs

Aims:

*-Think about what you and your child are struggling with on an everyday basis. Why?
-What do sensory processing difficulties look like? Differentiating between sensory and behaviour. Get ideas on strategies to try and manage difficulties with sensations*

To Book:

<https://www.eventbrite.co.uk/e/introduction-to-sensory-based-functional-needs-tickets-1292815839979>

12/05/2025
11:00-12:00

Parents, School
staff, Special
School Staff,
Other
professionals

Emerging Communicators - support pre- & early- intentional communication

Aimed at parents, carers and teaching staff in specialist settings supporting children with complex physical/multisensory needs who are pre-intentional or emerging intentional communicators.

Aims:

- To gain an understanding of how communication develops
 - To consider communication in the context of neurodevelopment/additional complex needs,
 - How to shape behaviour into meaning
- Get ideas and activities to support emerging communication*

To Book:

<https://www.eventbrite.co.uk/e/emerging-communicators-support-pre-early-intentional-communication-tickets-1292838136669>

12/05/2025
15:00-16:15

Parents,
Secondary
School Staff,
Other
Professionals

Supporting Pupils who Stammer - Secondary and 16+ age range

Aims:

This session describes the impact stammering (stuttering) can have on pupils in education settings.

Information will be shared to help you:

- *create an environment that communicates the message – it is ok to stammer.*
- *build pupils' confidence about their communication abilities whether speaking fluently or with stammering.*
- *adapt demands of typical speaking situations to suit individual needs.*
- *There be opportunities for participants to ask questions.*

To Book:

<https://www.eventbrite.co.uk/e/supporting-pupils-who-stammer-secondary-and-16-age-range-tickets-1292849711289>

12/05/2025
15:30-16:30

Parent, Early
Years Staff,
School staff,
other
Professionals

Supporting Early Attention Skills

Aims:

-Learn about how attention in children develops and the principles of how to run attention focused groups. We will touch on some intervention ideas and will provide signposting to useful resources and related training

To Book:

<https://www.eventbrite.co.uk/e/supporting-early-attention-skills-tickets-1292858156549>

12/05/2025
15:30-16:30

Primary School
Staff, Parents,
Secondary
School Year 7

Supporting your child's (6–12-year-olds) self-care skills with motor skill challenges

Aims:

We will be discussing how motor skill challenges can impact on the child's participation in self-care activities such as dressing, toileting, feeding themselves, etc. and look at strategies on how to meet your child's needs to help them better engage in their self-care skills. How to meet your child's needs to help them better engage in their self-care skills.

To Book:

<https://www.eventbrite.co.uk/e/supporting-childs612-years-self-care-skills-with-motor-skill-challenges-tickets-1292902378819>

13/05/2025

Eating Skills and Food Textures

09:30-10:30

Parents, School Staff, other professionals

Aims:

-Understand the skills needed to safely eat certain textures and how to promote those skills

To Book:

<https://www.eventbrite.co.uk/e/eating-skills-and-food-textures-tickets-1292922398699>

13/05/2025

Introduction to Using Zones of Regulation

15:00-16:00

Parents and School Staff

Aims:

The zones of regulation is an approach used to teach self-regulation to Children and Young people with learning difficulties by categorising emotions and states into four coloured zones. This training will look at:

- The detail of the Zones of Regulation,
- How to teach a child or young person to use it
- Examples of this approach in practise.

To Book:

<https://www.eventbrite.co.uk/e/introduction-to-using-zones-of-regulation-tickets-1295578051829>

13/05/2025

Supporting Healthy Voice Use at Home and School

15:30-16:30

Parents, School Staff, other professionals

Aims:

This training will be helpful for parents and education staff supporting children diagnosed with a persistent voice disorder and those who are at risk of developing one.

- learn about healthy voice use habits at home and school
- vocal hygiene strategies that will protect a child's voice as they use it in their daily environment.

To Book:

<https://www.eventbrite.co.uk/e/supporting-healthy-voice-use-at-home-and-school-tickets-1295954387459>

14/05/2025

Advanced Paper Based AAC (Augmentative & Alternative Communication): Moving On

15:00-16:00

Parents, School Staff, other professionals

Aims:

For staff and parents/carers already using paper based ACC (e.g. core boards, aided language displays and communication books)

To Book:

<https://www.eventbrite.co.uk/e/1295586025679?aff=oddtcreator>

14/05/2025

Glue Ear - how to spot it and how to support?

15:15-16:15

Parent, Early Years Staff, School staff, other Professionals

Aims:

-Understand how to identify Glue Ear
-Learn about its effects a child and how best to support

To Book:

<https://www.eventbrite.co.uk/e/glue-ear-how-to-spot-it-and-how-to-support-tickets-1295862251879>

16/05/2025

Setting up Language Groups in Schools

09:30-10:30

Parents, Primary School Staff, other professionals

Aims:

Get support on identifying targets for language groups

- How to set up and run the groups
- Tips for supporting strategies
- How to evaluate progress

To Book:

<https://www.eventbrite.co.uk/e/setting-up-language-groups-in-schools-tickets-1295594230219>

19/05/2025

15:30-16:30

Parents and
Primary School
Staff, Other
professionals

Key Word Signing-School Aged

Aims:

- To understand the importance of non-verbal communication
- To learn a range of signs to use with children in the classroom
- To understand how to use signing to support children's communication skills

To Book:

<https://www.eventbrite.co.uk/e/key-word-signing-school-aged-tickets-1295601933259>

20/05/2025

15:30-16:30

Parents,
Primary School
Staff, other
professionals

Let's Talk Narratives

Aims:

- To support the development of effective narrative skills – the ability to understand and tell stories and describe events. This training includes an introduction to colourful semantics.

To Book:

<https://www.eventbrite.co.uk/e/lets-talk-narratives-tickets-1295612153829>

22/05/2025

13:00-14:00

Parents,
Primary and
Secondary
school staff

Executive Functioning skills for schools

Aims:

- Learn about the foundations of executive functioning skills, their impact on self-care tasks, and strategies to help children with executive functioning difficulties become more independent
- Gain practical tools to create supportive environments that foster these essential skills

To Book:

<https://www.eventbrite.co.uk/e/executive-functioning-skills-for-schools-tickets-1296769996969>

03/06/2025

09:30-10:30

Parents, Early
Years and
School Staff,
other
professionals

Supporting Sensory Regulation Training

Aims:

- What are our Senses?
 - What is Regulation?
 - Why is sensory regulation important?
- Strategies to manage and support Sensory Regulation difficulties

To Book:

<https://www.eventbrite.co.uk/e/supporting-sensory-regulation-training-tickets-1295620508819>

04/06/2025

15:00-16:00

Staff and
parents/carers
already using
paper based
ACC (e.g. core
boards, aided
language
displays and
communication
books)

Supporting High Tech AAC Users-Q and A

Aims:

- Staff and parents/carers already using paper based AAC (e.g. core boards, aided language displays and communication books). Join and ask any questions

To Book:

<https://www.eventbrite.co.uk/e/supporting-high-tech-aac-users-q-and-a-tickets-1295627028319>

05/06/2025

12:00-13:00

Parents,
Primary School
Staff, other
professionals

Developing Vocabulary

Aims:

- Learn about the importance of vocabulary development
- How to select new vocabulary words for your child
- To learn different methods and strategies to support vocabulary development

To Book:

<https://www.eventbrite.co.uk/e/developing-vocabulary-tickets-1295636827629>

06/06/2025

16-16:45pm

Suitable for All

How to make a referral to Barnet Therapies

Aims:

-Are you unsure about how to make a referral to Barnet Children's Integrated Therapies? Find out what to put on the referral form and how to make a referral

To Book:

<https://www.eventbrite.co.uk/e/how-to-make-a-referral-to-barnet-therapies-tickets-1301816150149>

10/06/2025

11:00-12:00

Suitable for All

Sensory Circuits Q + A

Aims:

Do you require support understanding a sensory diet? Do you think you can set up a sensory diet? Join us here to ask questions and get support

To Book:

<https://www.eventbrite.co.uk/e/sensory-circuits-q-a-tickets-1295640739329>

10/06/2025

13:00-14:00

Parents, Early Years and School Staff, other professionals

Supporting Hand Function in Early Years

Aims:

This will include information for parents and education staff about the development of pre-writing forms, supporting the development of a functional pencil grip and activities to get your child ready to use scissors. Play ideas will be included to promote hand strength/ grasp patterns and the use of two hands together.

To Book:

<https://www.eventbrite.co.uk/e/supporting-hand-function-in-early-years-tickets-1295644440399>

11/06/2025

09:30-10:30

Parents, Early Years Staff, primary school staff, other professionals

Supporting Children with Speech Sound Difficulties

Aims:

This training provides guidance about typical speech development, and when to refer to an SLT. Practical ideas are shared about adapting the environment to support children whose speech is difficult to understand. There be opportunities for participants to ask questions.

To Book:

<https://www.eventbrite.co.uk/e/1295652644939?aff=oddtdtcreator>

11/06/2025

14:00-15:00

FOR PRIMARY SCHOOL STAFF ONLY

Supporting Social Communication in Primary School

Aims:

*- To provide practical support to identify needs and set targets for children with social communication difficulties.
- To provide strategies to facilitate successful social communication in the classroom.*

To Book:

<https://www.eventbrite.co.uk/e/supporting-social-communication-in-primary-school-tickets-1295659685999>

11/06/2025

14:00-15:00

Parents, Secondary School Staff, Other Professionals

Universal Workshop for Attendees of Social 3 (7 May)

Aims:

Workshop on - Problem solving skills and social interactions, with an emphasis on observation and inference

To Book:

<https://www.eventbrite.co.uk/e/universal-workshop-for-attendees-of-social-3-tickets-1295667970779>

11/06/2025

15:00-16:00

Parents,
Secondary
School Staff,
Other
Professionals

Literally what I mean

Aims:

-How to support adolescents with the understanding and use of non-literal communication, including idioms, sarcasm, metaphors and similes

To Book:

<https://www.eventbrite.co.uk/e/literally-what-i-mean-tickets-1295665282739>

11/06/2025

15:30-16:30

Parents, Early
years Staff,
School Staff,
other
professionals

Supporting Independence with Toileting

Aims:

- Learn practical strategies to support with toilet training
- Understand more about how developmental milestones, sensory needs and behaviour can impact on toilet training
- Consider common challenges and solutions to create a consistent approach at home and school

To Book:

<https://www.eventbrite.co.uk/e/supporting-independence-with-toileting-tickets-1301810382899>

12/06/2025

12:00-13:00

Parents,
Primary School
staff, other
professionals

Using Colourful Semantics

Aims:

-Learn about using Colourful Semantics to support functional communication

To Book:

<https://www.eventbrite.co.uk/e/using-colourful-semantics-tickets-1295674831299>

12/06/2025

13:00-14:00

Parents,
Primary and
Secondary
School Staff

Multisensory Storytelling

Aims:

This training is aimed at supporting children with complex needs.
· We'll be looking at how and why sensory storytelling can support a child or young person's communication skills.
· We will be sharing strategies to make storytelling engaging and motivating, so that it can become part of a daily routine. Finally, we will look at personal storytelling, why this is important and how you can support a child/YP with this.

To Book:

<https://www.eventbrite.co.uk/e/multisensory-storytelling-tickets-1295680979689>

16/06/2025

14:00-15:00

Parents, School
Staff, other
professionals

Key Word Signing for Early Communicators

Aims:

To understand the importance of non-verbal communication, To learn a range of signs to use with children in the early stages of communication. To understand how to use signing to support children's communication skills

To Book:

<https://www.eventbrite.co.uk/e/key-word-signing-for-early-communicators-tickets-1295694309559>

16/06/2025

15:30-16:30

Parents , Early
Years Staff,
Primary School
Staff, other
professionals

Self Care in the Early Years

Aims:

-Learn about how motor skill challenges can impact on a child's participation in self-care activities such as dressing, toileting, feeding themselves, etc.
-Consider strategies to meet your child's needs and help them better engage in their self-care skills.

To Book:

<https://www.eventbrite.co.uk/e/self-care-in-the-early-years-tickets-1296772805369>

17/06/2025

09:30-10:30

Parent, Early
Years Staff,
School staff,
other
Professionals

Supporting Early Attention Skills

Aims:

Learn about how attention in children develops and the principles of how to run attention focused groups. We will touch on some intervention ideas and will provide signposting to useful resources and related training.

To Book:

<https://www.eventbrite.co.uk/e/supporting-early-attention-skills-tickets-1295695653579>

17/06/2025

13:00-14:00

Primary School
Staff (KS1 and
KS2), Parents

Tool Use for KS1 and KS2

Aims:

This will include information about Pencil grip development, Scissor skills and Knife and fork use

To Book:

<https://www.eventbrite.co.uk/e/tool-use-for-ks1-and-ks2-tickets-1295697569309>

17/06/2025

15:30-16:30

Parent, Early
Years Staff,
School staff,
other
Professionals

Introduction to Sensory Based Functional Needs

Aims:

Consider what you and your child are struggling with on an everyday basis. Why? How sensory processing difficulties can present. Differentiating between sensory and behaviour. General strategies on how to try and manage difficulties with sensations

To Book:

<https://www.eventbrite.co.uk/e/introduction-to-sensory-based-functional-needs-tickets-1301811887399>

18/06/2025

15:45-16:45

School Staff,
Class Teachers,
Teaching
Assistants

Is your classroom Communication Friendly?

Aims:

*-Learn about how to make your classroom communication friendly
-Reflect on the current classroom environment
- Share and gain ideas on what's working well and areas to improve*

To Book:

<https://www.eventbrite.co.uk/e/is-your-classroom-communication-friendly-tickets-1295710016539?aff=oddtcreator>

19/06/2025

13:00-14:00

Early Years
Staff, Parents

All about Play

Aims:

*-Gain an understanding of the stages of play development
-Think about using play to support social communication, language development, sensory needs and fine motor skills.
- Consider how to develop children's play through modelling and appropriate toy selection.
- Share ideas for fun activities to try at home.*

To Book:

<https://www.eventbrite.co.uk/e/all-about-play-tickets-1296767629889>

26/06/2025

10:00-11:00

Parents, Early
Years Staff,
School Staff,
other
professionals

Developing the Foundations of Interaction

Aims:

*- Develop an understanding of the Fundamentals of Communication.
- Learn strategies that can be used to develop these skills using an Intensive Interaction therapy technique.
- Gain confidence in working with minimally verbal children with ASD/Social Communication Difficulties.*

To Book:

<https://www.eventbrite.co.uk/e/developing-the-foundations-of-interaction-tickets-1295808992579>

01/07/2025

10:00-11:30

Parents, Early
Years Staff,
Primary School
staff

Food refusal, food avoidance and food explorers

Aims:

Support for children who have difficulties related to avoidant or restrictive eating. The training will include:

- Understanding your child's feeding behaviour
- Seating / positioning
- Different methods of feeding
- Different equipment
- How Sensory Processing difficulties impact on eating and drinking
- Environmental factors
- Messy play and food play

To Book:

<https://www.eventbrite.co.uk/e/food-refusal-food-avoidance-and-food-explorers-tickets-1295820948339?aff=oddtcreator>

02/07/2025

14:00-14:45

Parents,
Secondary
School Staff,
Other
Professionals

Universal Workshop for Attendees of Comprehension 3

Aims:

Workshop for teaching and support staff focused on supporting adolescents to understand spoken information

To Book:

<https://www.eventbrite.co.uk/e/universal-workshop-for-attendees-of-comp-3-tickets-1295849423509>

02/07/2025

15:00-16:00

Parents, School
Staff, other
professionals

Eating Skills and Food Textures

Aims:

This is a training session on understanding the skills needed to safely eat certain textures and how to promote those skills

To Book:

<https://www.eventbrite.co.uk/e/1295618352369?aff=oddtcreator>

02/07/2025

15:00-16:00

Parents,
Secondary
School Staff,
Other
Professionals

Deepening, Widening, Developing Vocabulary Vocab Part 3

Aims:

To learn about - the value, impact and process of a growing vocabulary, vocabulary learning strategies and vocabulary emotions

To Book:

<https://www.eventbrite.co.uk/e/1295853585959?aff=oddtcreator>

07/07/2025

13:00-14:30

Parent, Early
Years Staff,
School staff,
other
Professionals

Supporting Sleep - Occupational Therapy Advice

Aims:

Is your child struggling to settle to sleep or stay asleep at night? Join this training to learn about the stages of sleep, and evidence-based strategies that you can implement to support healthy sleeping habits and bedtime routines - For ages 2-11 years old

To Book:

<https://www.eventbrite.co.uk/e/supporting-sleep-occupational-therapy-advice-tickets-1295961498729>