



Instructions for giving Penicillin V (phenoxymethylpenicillin) tablets to children aged 6 years and above

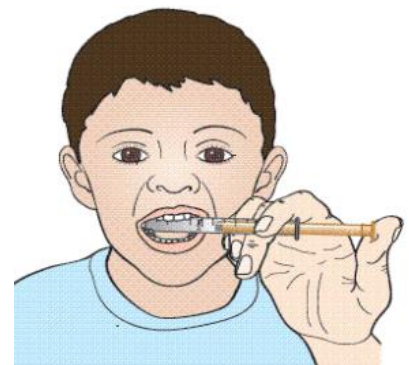
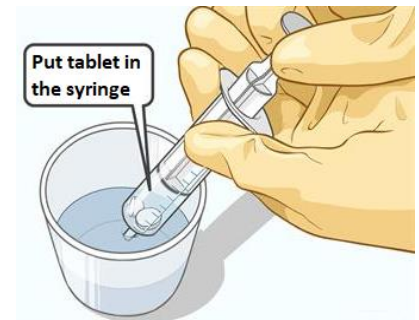
Patient Information Leaflet

How to give the tablet?

Children should be encouraged to swallow the tablet whole with water, squash, or juice, without chewing. For information on teaching children how to swallow tablets, please visit this website: <https://www.e-lfh.org.uk/programmes/kidzmed/>

If the child is unable to swallow the tablet, the Penicillin V tablet can be crushed. To mask the bitter taste, mix with a strongly flavoured drink (such as blackcurrant cordial) or soft food (such as jam, apple sauce or yoghurt).

- Use a small amount (a teaspoonful) of soft food or drink so you can be sure the child eats it all and swallows the whole dose.
 - You can crush the tablet in the soft food or drink using a spoon. Mix well and give immediately. Makes sure your child swallows it all without chewing.
 - If you are mixing in liquid, you can also use an oral syringe as an alternative to using a small glass or medicine cup.
1. Remove the plunger from the empty oral syringe.
 2. Place the Penicillin V tablet in the syringe.
 3. Replace the plunger and add 5ml of water.
 4. Shake well and allow the tablet to disperse. This may take up to 10 minutes.
 5. Then add some strongly flavoured drink (such as blackcurrant cordial) to mask the taste.
 6. Make sure your child drinks it straight away. Put the syringe into your child's mouth, with the tip near the inside of their cheek. Push the plunger in slowly, giving your child time to swallow the medicine as it squirts out. Do not push the plunger too quickly as the medicine may come out too quickly and your child may choke.
 7. Then draw up some more drink into the syringe, swirl it round and ask your child to drink it. This makes sure they get all the medicine.



This antibiotic works best when the stomach is empty, so try to give it to your child about an hour before they eat.

It is vital that your child takes the full course of the Penicillin V.

Although your child will feel better soon after starting the course of antibiotics, they must complete the course to ensure that they do not carry the bacteria in their throat after they have recovered and help stop the infection from spreading to family and friends.

If you required further advice, speak to your local pharmacy or Whittington Health Medicine Information on 020 7288 5758.

[Patient advice and liaison service \(PALS\)](#)

If you have a compliment, complaint or concern please contact our PALS team on 020 7288 5551 or whh-tr.PALS@nhs.net

If you need a large print, audio or translated copy of this leaflet please email whh-tr.patient-information@nhs.net. We will try our best to meet your needs.

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