

Patient advice and liaison service (PALS)

If you have a compliment, complaint or concern please contact our PALS team on 020 7288 5551 or whh-tr.PALS@nhs.net

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Twitter.com/WhitHealth
Facebook.com/WhittingtonHealth

Whittington Health NHS Trust
Magdala Avenue
London
N19 5NF
Phone: 020 7272 3070
www.whittington.nhs.uk

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Speech and Language Therapy

Turn Taking

A guide for Parents/Carers



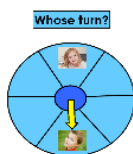
Children and young people sometimes need help to develop skills in being aware of whose turn it is and waiting for their turn. You can support the development of these skills at home within your everyday activities.

Some of our top tips

- ✓ It helps if the games are exciting and where the other person's turn is worth watching.
- ✓ Praise children for 'good waiting' and remind them that 'it's Jamie's turn now'.



- ✓ Use symbol cards to support directions for 'good listening' and 'good sitting'. Use pictures to show whose turn it is next in a turn taking wheel.



- ✓ Show which direction around the circle the game is going and 're-cap' who has had their turn E.g. 'Wendy had a turn, then Julie, then Rob, so now it's.....' Point or gently touch each child as you mention their name.
- ✓ Mix action games with sitting down ones.

Games and Activity Ideas

-Pop-Up Pirate

-Large or small fishing game:

- Use one fishing rod for the children to pass to each other.
- Have the fish in the centre of the group, perhaps on a pretend 'pond'.
- Children place fish in bucket once caught.
- Attach pictures to the fish to increase the interest level.



-Crocodile Dentist

-Buck-a-roo

-Jenga

-Pass the ball:

- Use a ball or beanbag or similar and take turns to throw to a named person.
- Once they can throw to a named person, add a game where the person with the ball has to name an animal.
- Later ask each child to pass the ball and tell the catching child what to say.

-Copying actions:

- The adult starts by making some simple actions and the children have to look and copy.
- Then the children take turns being the leader and starting the new action.
- This activity is also good for visual attention and changing point of focus between different people.

-Pass the Squeeze:

- Everyone in the group holds hands.
- The adult starts the game by gently squeezing the hand of the person next to them.
- The 'squeeze' is passed on until it has gone all the way around the circle.
- This can also be played by touching the next person's knee, looking at them and blinking, and so on.

-Dobble

-Orchard Toys games

-Lotto and matching puzzles