



# Inpatient Leaflet

## Mary Seacole South



Patient information about this ward

Contact telephone no: 5605



Who to speak to if  
you have a concern  
or are worried

If you have a concern please ask  
to speak to the senior sister,  
ward manager or matron



If you are  
disturbed by  
noise at night

If you are sensitive to light & noise  
at night while you are trying to  
sleep, you can request a sleep well  
pack, which has an eye mask & ear  
plugs. To help you get a restful  
nights sleep, ensure that mobiles  
are on silent, iPads or radio's are  
listened to with headphone



Food & getting  
something to eat  
outside of  
mealtimes

If you are hungry or arrive on to  
the ward & have missed a meal.  
You can ask a member of staff for  
food & they will arrange for you to  
have something to eat.



We do bedside  
handovers, what this  
means for you

We may talk about you as part  
of our handover, however, if  
there is something you need to  
be aware of, we will let you  
know.



Does someone look after you, who without their help, you could not manage?

Speak to our staff about our carers charter & card. For more information visit our patient experience webpage



## Our uniforms



Nursing Executive  
No piping



Matron  
Red piping



Specialist Nurse  
White piping



Sister /  
Charge Nurse  
White piping



Staff Nurse  
White piping



Practice Development Nurse /  
Education (Senior Nurse )  
White piping



Junior Sister /  
Junior Charge Nurse  
White piping



Health Care Assistant  
White piping



Assistant Practitioner  
White piping



Student Nurse /  
Trainee Nursing Associate  
(Middlesex / London South Bank)  
Red piping



Enhanced Care Health Care  
Assistant  
Yellow piping