

YOUR SCHEDULE OF CARE

For additional information please click on hyperlinks under each appointment



BOOKING APPOINTMENT



Initial risk assessment, screening tests, observations, discussion around care pathway and place of birth

Information: [Screening](#), [Keeping well](#), [antenatal classes](#), [Infant Feeding Guide 1](#)

16 WEEKS



Antenatal check, discuss screening and blood results

Information: [Infant Feeding Guide 2](#)

25 WEEKS (1ST BABY ONLY)



Antenatal check, MAT B1 provided
Information: [Importance of fetal movements](#)

31 WEEKS



Antenatal check, review blood results
Information: [Antenatal education](#) (NHS/private), discussion around [feeding your baby](#)

36 WEEKS



Antenatal check, review birth plan
Information: [Infant Feeding Guide 4](#)

40 WEEKS



Antenatal check, membrane sweep offered

AFTER BIRTH

Information: [Newborn screening](#)
[Postnatal appointments](#)
[Postnatal guide](#)
[Infant feeding support](#)
[What to expect in the first few days](#)

DATING SCAN



First ultrasound scan that checks your baby's development and how far along you are

Information: [Screening](#)

20 WEEK SCAN



Ultrasound scan that checks for 11 physical conditions in your baby, and where you can also find out the gender

Information: [Screening](#)

28 WEEKS



Antenatal check, Bloods for iron levels & antibodies, Anti-D injection if required, first assessment of fetal growth

Information: [Infant Feeding Guide 3](#)

34 WEEKS



Antenatal check, discuss birth plan and place of birth

Information: [Options for place of birth](#), [pain relief](#), [What to pack for labour](#), [Vitamin K](#)
[Third stage of labour options](#)

38 WEEKS



Antenatal check, discussion around induction of labour

Information: [Induction of labour](#)

41 WEEKS



Antenatal check, membrane sweep offered, induction of labour booked in



Baby's heart rate



Blood pressure (BP)



Urine test



Fetal growth measurement
tummy measurement or
scan



Blood test



Carbon
Monoxide test