

My visit to Whittington Hospital

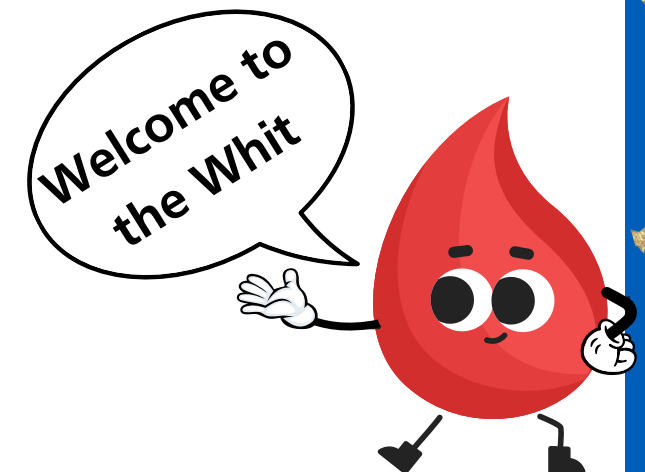
We are visiting Clinic 4D for a blood test.

Clinic 4D is on level 4 of Whittington Hospital.

Clinic 4D is where children and young people have their outpatient appointments.

There are 8 clinic rooms, one reception and one waiting area.

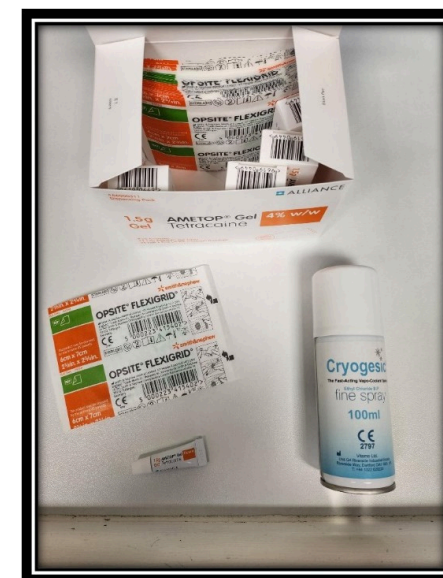
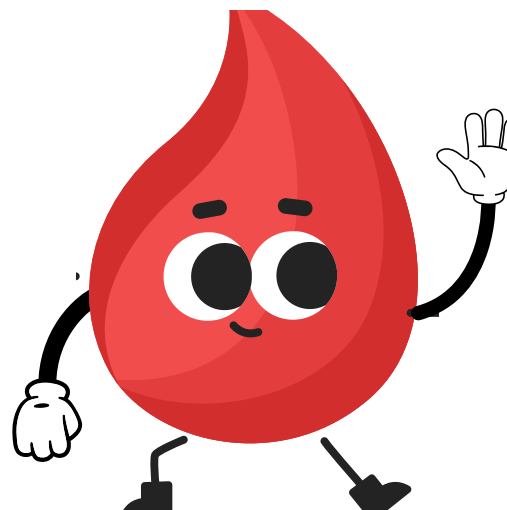
In Clinic 4D we will see other patients, doctors, nurses and other staff.



Going to reception

Once we have arrived at the hospital, we will check in with the receptionist to let them know we are here.

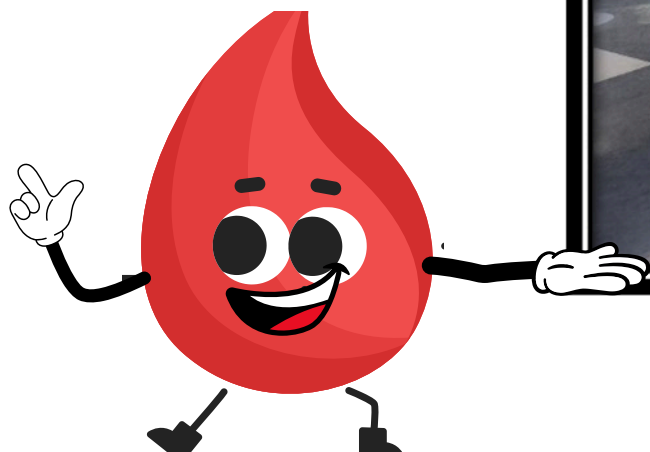
We can ask reception for numbing cream to numb my arm. The cream takes time to work so I may have to wait.



The waiting area

After we speak to reception, we can sit in the waiting area to wait my turn.

There may be other people waiting there so it might be noisy.



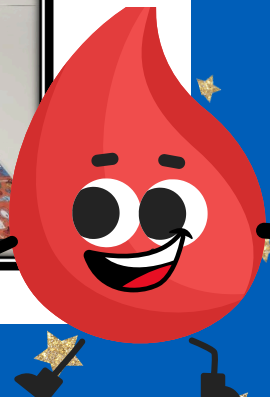
I can choose where to sit

During the test, I can choose to sit by myself on the big light blue chair...
Or I can sit on the lap of the adult who is with me.



The play specialist

During the test, I can choose different activities with the play specialist like squeeze a stress ball, read a book, blow some bubbles, use an iPad, or listen to music.

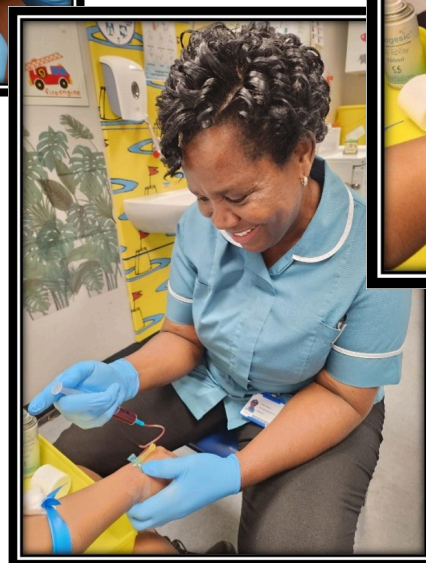
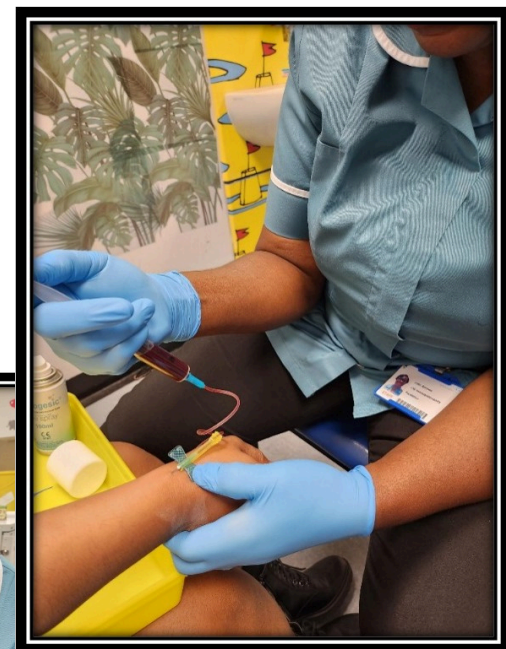


What happens in the blood test?

The nurse will use a needle and a syringe to take the blood.

I will still need to sit still.

When the blood test is finished I will get a plaster or cotton wool and tape.



**I will also get to choose
a reward for being
so brave.**

Now, I'm ready to go!

