



Paediatric Nurse Led Discharge

Information for parents

What is Paediatric Nurse-led discharge?

Nurse-led discharge is a process that makes sure that your child is discharged from hospital on time, so that they can safely go home or onto another care setting.

- The decision that your child has Nurse-led discharge plan in place is made by a senior Doctor.
- You will receive a clear outline of what you and your healthcare team need to do during your child's hospital stay.
- Your child will spend less time in hospital because decisions about their care have been made earlier in their hospital stay.

What will happen under Paediatric Nurse-led discharge?

- The Nurse-led discharge team will create a set of agreed requirements (health related goals) for your child, you, and the care team to achieve, for example, having a normal temperature or not needing oxygen.
- These requirements will be noted in your child's medical record. The team will work with you and your child to achieve these requirements so that your child can leave the hospital as quickly and safely as possible.
- The nurse-led discharge team will provide you with a care plan for your child once discharged, which will include information about your child's medications, follow-up care and appointments.

How will you know you have met these requirements?

- A senior Nurse will confirm that your child has met the agreed health-related requirement. If there are no other issues, your child can be discharged from hospital without seeing the Doctor again.
- If there are any concerns, the nursing team will contact the Doctor to review your child before going home.

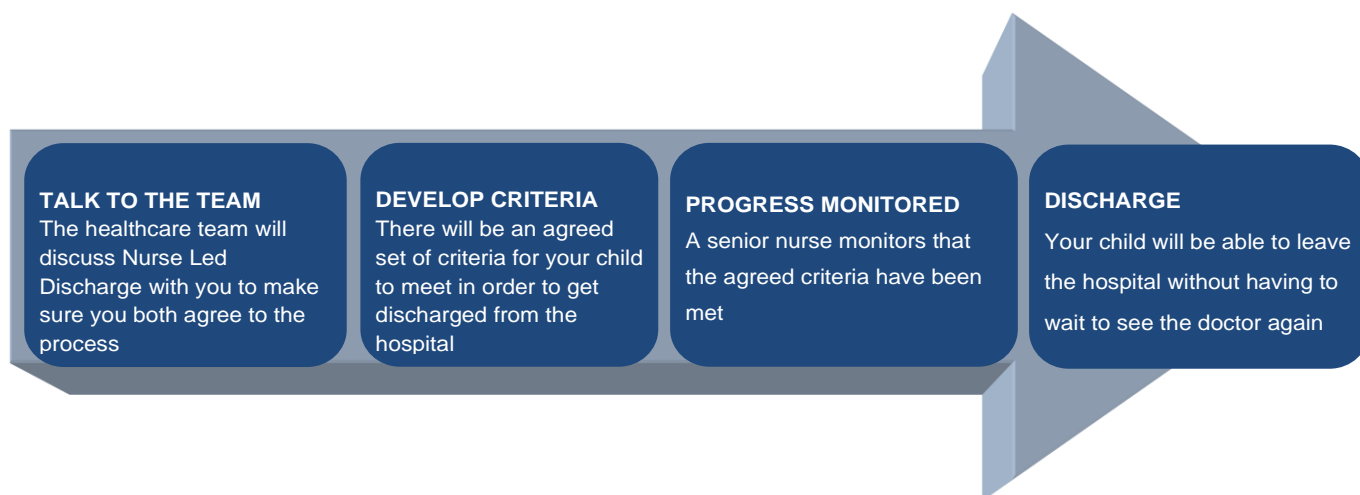


Does this mean you will not see a Doctor at all?

- No. A Doctor will continue to see your child regularly throughout your child's hospital stay.
- A senior staff member will monitor your child and make sure that their health-related goals have been met.
- Your child will not be discharged before these goals have been achieved.

Before you leave the hospital, you must:

- Understand your child's care plan and feel happy and confident about following it at home. A care plan will include information about your child's medications, follow-up care and appointments.
- Ask the care team if any GP or specialist medical follow-up/review appointments are needed.
- Have a discharge letter, which will be given to you by the Nurse-led discharge team.
- Be aware of any home-based or community-based support services available in your area - for example, Community Nursing Team and/or Hospital@home Team - if their input is needed once discharged. The Nurse-led team will provide you with the relevant contact information.



Patient advice and liaison service (PALS)

If you have a compliment, complaint or concern please contact our PALS team on 020 7288 5551 or whh-tr.PALS@nhs.net

If you need a large print, audio or translated copy of this leaflet please email whh-tr.patient-information@nhs.net. We will try our best to meet your needs.

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