



Contraceptive advice following the use of Sugammadex during your anaesthetic

Patient Information factsheet

What is Sugammadex and what is it used for?

- When you are given an anaesthetic, you are also often given a medication to help relax your muscles.
- This allows the surgeon to operate under the best conditions and helps the anaesthetist to control your breathing.
- At the end of your operation, the action of this medicine needs to be reversed before you wake up. This 'reversal' medicine is called Sugammadex.

Important information - Sugammadex can affect hormonal contraception and make it less effective. It can temporarily increase your chances of getting pregnant.

If you have taken your oral contraceptive pill already

If you have taken your **oral contraceptive pill** already today and have been given Sugammadex you must treat this day as a "missed pill" day.

Oral contraceptives include:

- The combined contraceptive pill
- The progestogen-only pill (e.g. Desogestrel, Levonorgestrel, Northisterone, Drospirenone)

Please follow the 'missed pill' advice from the leaflet of your oral contraceptive.

If you use any other form of hormonal contraceptive like:

- A contraceptive implant (e.g. Nexplanon®, Implanon®)
- A hormonal Intrauterine system (IUS e.g. Mirena®, Kyleena®, Jaydess®, Levosert®)
- The contraceptive injection (e.g. Depo-Provera®, Sayana®, Noristerat®)
- The contraceptive patch (e.g. EVRA®)
- The vaginal ring (e.g. Nuvaring®)

You must use a barrier method of contraception, such as condoms, for the next seven days and follow the advice from the leaflet of your contraceptive product.



Further information and support

Please talk to your anaesthetist or use the following link:

EMC - <https://www.medicines.org.uk/emc/product/14949/smpc>

You can also contact your local sexual health clinic for further information. To find your local clinic visit <https://www.nhs.uk/service-search/sexual-health/find-a-sexual-health-clinic>

Patient advice and liaison service (PALS)

If you have a compliment, complaint or concern please contact our PALS team on 020 7288 5551 or whh-tr.PALS@nhs.net

If you need a large print, audio or translated copy of this leaflet please email whh-tr.patient-information@nhs.net. We will try our best to meet your needs.

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