



About LifeBox - Digital Pre-Assessment

LifeBox helps to prepare you for your upcoming procedure by allowing your hospital to share information with you online, which you can access from the comfort of your own home and in your own time.

By completing the questionnaire at home through LifeBox, the hospital will be able to collect important information about your medical history. This will enable the hospital to help prepare and plan for your surgery. You will also be able to view and share information with the hospital through LifeBox as well as watch informative videos regarding your surgery.



Complete your Health Questionnaire

> Watch your Videos

View and share information with your hospital

Your hospital will create a LifeBox account for you. It is important we have your correct email address and mobile number. If it has changed, please contact the admissions team on the contact details below to update this. When your profile is ready, you will be contacted by email and by text.



Once you have submitted your health questionnaire, it will be assessed by a member of the pre-operative assessment team who will then contact you by telephone to go through your answers

Next Steps



Kindly **complete your health questionnaire within 5-7 days** to avoid delays to your surgery or test. If you need any help with completing your questionnaire, please use the contact information below to contact us.



Even though you complete your questionnaire at home, you will be seen by relevant clinicians or nurses at the hospital for further assessment and tests prior to your surgery. Please note that this may happen before you receive your surgical date.

If you have any questions or problems completing your questionnaire or need to amend your contact details, please contact the admissions team:

Tel: 07584 506 424

Email: whh-tr.admissions@nhs.net