

# North Central London (NCL) Paediatric Bladder and Bowel Team

## Information for parents, guardians and young people

### Who we are

- We are a team of specialist Nurses that provide assessment, support, and advice for nocturnal enuresis (nighttime bed wetting) and constipation to children/young people living in the following boroughs: (North) Barnet, Camden, Haringey and Islington.

### Where we are based

We run Nurse-led clinics at the following locations:

- **Camden:** 1a Children's Centre, Family Hub, Nursery-1a Rosebery Avenue, EC1R 4SR
- **Haringey:** Tynemouth Road Medical Centre, 24 Tynemouth Road, Tottenham, N15 4RH
- **Islington:** Northern Health Centre, 580 Holloway Road, N7 6LB
- **North Barnet:** Noah's Ark Hospice, The Ark, Byng Road, Barnet EN5 4NP

### Our vision

- We offer advice and support to help empower children, young people, and their families to help manage their constipation (infrequent or difficult bowel movements, often involving hard or dry poo) and bed wetting.
- With advice and support they feel confidence with the management and treatment at home and school.

### Our team

- Team Leader (Registered Nurse).
- 1 Registered Nurse.
- 1 Patient Pathway Administrator.

### Conditions we manage

- Children from 2 years old with constipation.
- Children from 5 years old with nocturnal enuresis (bed wetting).

## How do I get referred?

- Ask your GP, School Nurse or Health Visitor to refer you to our service.

## Contact information

**Working hours:** Monday to Friday 9am to 5pm.

**Contact number:** 020 3316 1950

**Main base:** The Northern Health Centre, 580 Holloway Road, N7 6LB

## Feedback

Please fill out our online friends and family questionnaire with the QR code below, or via the link <https://qrco.de/bfHAQ4>, to tell us what we do well or how we can improve.



## Contact our Trust

If you have a compliment, complaint or concern, please contact our Patient advice and liaison service (PALS) on **020 7288 5551** or [whh-tr.PALS@nhs.net](mailto:whh-tr.PALS@nhs.net).

If you need a large print, audio or translated copy of this leaflet, please email [whh-tr.patient-information@nhs.net](mailto:whh-tr.patient-information@nhs.net). We will try our best to meet your needs.

**020 7272 3070** | Whittington Health NHS Trust, Magdala Avenue, London, N19 5NF  
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## Document information

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