Barnet Children's Integrated Therapies Universal Training Menu Autumn 2025-26



All sessions are FREE and delivered virtually (via Microsoft Teams)

Our training is for anyone supporting a child or young person with relevant needs
To book a place on a course, click on the Eventbrite link alongside below
On the Eventbrite site, enter your name + email address and you will be emailed the link to the
online session before it starts

Booking on Eventbrite closes 3 hours before the session starts

Any queries please call 020 3316 8900

Training Videos (viewable any time)

Sensory Processing Part 1: Supporting Sensory Based Self-Care Needs

Learn about supporting self-care skills for children with sensory processing needs-20 minutes

To View: https://vimeo.com/907762094/d3b73bcc94?share=copy

Supporting schools with the sensory environment

Learn about creating appropriate sensory environments – 22 minutes

To View: https://vimeo.com/908665244/dc3412557a?share=copy

Sensory Circuits

Theory behind sensory circuits, how to implement sensory circuits at school (especially secondary school), when to complete an individual sensory plan and

how to write a sensory plan - 24 minutes

To View: https://vimeo.com/1008372834/d39624429e?share=copy

Sensory Processing-Part 2 - Supporting Functional Skills

An in-depth training of sensory processing and arousal levels. Specific strategies to support with participation at school – 18 minutes

To View: https://vimeo.com/928015034/635f48e8ea?share=copy

Supporting children who have Hypermobility

Learn about what is Hypermobility, how to manage Hypermobility, and how it

impacts on everyday functional activities – 27 minutes

To View: https://vimeo.com/1026580441?share=copy#t=0

NEW - Alternative means to recording information - Supporting Handwriting Difficulties

Is your child having difficulties with handwriting? Learn about common handwriting

difficulties and alternative ways to record information - 13 minutes

To View: https://vimeo.com/949087310/3f5af1fe65?share=copy

NEW - Supporting Independence with Toileting

Understand common difficulties with toileting, learn strategies to use in school to support, consider sensory processing and toileting – 10 minutes

To View: https://vimeo.com/1053818805/b4e88e8feb?share=copy

NEW - Early Hand Skills

Introduction to fine motor skills - Learn strategies to support your child's development with daily activities and using cutlery – 12 minutes

To View: https://vimeo.com/997779275/5d32f1a31d?share=copy

NEW - Developing Self-Care Skills for Adolescents

Common difficulties and the importance of supporting at home, including the impact

of sensory differences – 13 minutes

To View: https://vimeo.com/998674210/f46c9ae85a?share=copy

Online Training Autumn 2025-26

Please book a place through Eventbrite -

10/09/25	Eating Skills and Food Textures
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14:00-15:00 Aims: To Book:

Parents, school staff, Understanding the skills needed to safely eat certain textures and how to promote those skills

https://www.eventbrite.co.uk/e/e ating-skills-and-food-textures-

tickets-

1434793248229?aff=oddtdtcrea

tor

Supporting Deaf Children in Nursery

09:30-10:30 Aims: To Book:

Parents, Early Years Staff, School staff, other professionals

11/09/25

What do you need to consider when setting up communication groups in nurseries for deaf children, learn and share ideas

https://www.eventbrite.co. uk/e/supporting-deafchildren-in-nurserytickets-

1478363437839?aff=oddt

17/09/25 15:00-16:00

Secondary Aged school staff and parents

Social Communication-Supporting Adolescent Conversation

Aims

Developing assertiveness and managing a disagreement Aims:

Focusing on supporting positive adolescent interactions for teaching and support staff which draws on the evidence-base for teaching assertiveness and provides practical support to:

- develop assertiveness to say no
- say sorry,
- recognise differences between fact and opinion
- manage arguments

To Book:

https://www.eventbrite.co. uk/e/socialcommunicationsupporting-adolescent-

conversation-tickets-1434849235689?aff=oddt

dtcreator

22/09/25 11:00-12:00

Parent, Early Years Staff, School staff, other Professionals

Introduction to Sensory Based Functional Needs

Aims: To Book:

To look at what are you and your child are struggling with on an everyday basis. Why? How sensory processing difficulties can present. Differentiating between sensory and behaviour. General strategies on how to try and manage difficulties with sensations

https://www.eventbrite.co. uk/e/introduction-tosensory-based-functionalneeds-tickets-

<u>1434888964519?aff=oddt</u> dtcreator

22/09/25 12:00-13:00

Parents, primary school staff, other professionals

Developing vocabulary

Learn about the importance of vocabulary development

- How to select new vocabulary words for your child
- Different strategies to support vocabulary development

To Book:

https://www.eventbrite.co. uk/e/developingvocabulary-tickets-1434878824189?aff=oddt dtcreator

25/09/25

10:00-11:00

Parents, Early Years Staff, School Staff, other professionals Introduction to Paper Based AAC

Aims:

Aims:

In this training we will be introducing the ideas behind core boards and how to use a core vocabulary approach in AAC. We'll also share some ideas for implementation. To Book:

https://www.eventbrite.co. uk/e/introduction-topaper-based-aac-tickets-1434991551359?aff=oddt dtcreator

25/09/25

11:00-12:00

Parents, Early years Staff, School Staff, other professionals

Supporting independence with Toileting

Aims:

- · Learn practical strategies to support with toilet training
- · Understand more about how developmental milestones, sensory needs and behaviour can impact toilet training
- · Consider common challenges and solutions to create a consistent approach at home and school

To Book:

https://www.eventbrite.co. uk/e/supportingindependence-withtoileting-tickets-1434985934559?aff=oddt

25/09/25 14:00-15:00

Parents and primary school staff. Other professionals

Key word signing-School Aged

Aims:

Understand the importance of non-verbal communication, learn range of signs to use with children in the classroom and understand how to use signing to support children's communication skills

To Book:

https://www.eventbrite.co. uk/e/key-word-signingschool-aged-tickets-1434993326669?aff=oddt dtcreator

25/09/25

15:30-16:30

Parents, Primary and Secondary school staff

Executive Functioning skills for schools

Learn about the foundations of executive functioning skills, their impact on self-care tasks, and strategies to help children with executive functioning difficulties become more independent. Gain practical tools to create supportive environments that foster these essential skills

To Book:

https://www.eventbrite.co. uk/e/executivefunctioning-skills-forschools-tickets-1434933798619?aff=oddt dtcreator

26/09/25

09:30-10:30

Parents, primary school staff, other professionals

Setting up Language Groups in Schools

Aims:

Support in identifying targets for the group How to set up and run the groups Tips for supporting strategies How to evaluate progress

To Book:

https://www.eventbrite.co. uk/e/setting-up-languagegroups-in-schools-tickets-1441546998879?aff=oddt

dtcreator

26/09/25

14:00-15:00

Parents, School Staff, other professionals

Answering Questions

Aims:

Learn about the understanding and use of questions in language development

Consider your use of language and how to adapt to support children with language needs

We will also consider the use of Blanks Levels of questioning

To Book:

https://www.eventbrite.co. uk/e/answeringquestions-tickets-1441580057759?aff=oddt

dtcreator

29/09/25 12:00-13:30

Parent, Early Years

Staff, School staff. other Professionals **Supporting Sleep - Occupational Therapy Advice** To Book:

Aims:

-Is your child struggling to settle to sleep or stay asleep at night? Join this training to learn about the stages of sleep, and evidence-based strategies that you can implement to support healthy sleeping habits and bedtime routines - For ages 2-11 years old

https://www.eventbrite.co. uk/e/supporting-sleepoccupational-therapyadvice-tickets-

1441602605199?aff=oddt dtcreator

29/09/25

14:00-15:00 Parents, school staff, **Key Word Signing for Early Communicators**

Aims:

To understand the importance of non-verbal communication

To learn a range of signs to use with children in the early stages of communication. To understand how to use signing to support children's communication skills

To Book:

https://www.eventbrite.co. uk/e/key-word-signing-forearly-communicators-

tickets-

1441630879769?aff=oddt dtcreator

other professionals

29/09/25

15:00-16:15

Parents, Secondary School Staff, Other Professionals

Supporting pupils who stammer - Secondary and 16+ age

Aims:

This session describes the impact stammering (stuttering) can have on pupils in education settings. Information will be shared to help you:

- create an environment that communicates the message it is ok to stammer.
- build pupils' confidence about their communication abilities whether speaking fluently or with stammering.
- · adapt demands of typical speaking situations to suit individual needs.
- There be opportunities for participants to ask questions.

To Book:

https://www.eventbrite.co. uk/e/supporting-pupilswho-stammer-secondaryand-16-age-range-tickets-1458393818169?aff=oddt dtcreator

30/09/25

09:30-10:30

Parent, Early Years Staff, School staff, other Professionals

Supporting Early Attention Skills

Aims:

Learn about how attention in children develops and how to run attention based groups We will share intervention ideas and signpost to useful resources and related training

To Book:

https://www.eventbrite.co. uk/e/supporting-earlyattention-skills-tickets-1434900318479?aff=oddt dtcreator

01/10/25

15:00-16:00

Parents, early years and school staff, other professionals

Supporting the development of young children's language

Aims:

Learn about how language develops, how to support language and communication skills in children under 5, the importance of interaction and play, and strategies you can use To Book:

https://www.eventbrite.co. uk/e/supporting-thedevelopment-of-youngchildrens-languagetickets-

1458408512119?aff=oddt dtcreator

06/10/25

13:00-14:00

Parents, early years, primary school staff, other professionals

Food Explorers

Aims:

It is aimed at supporting children to explore their interest in food and eating

- Understanding your child's feeding behaviour
- Seating / positioning
- Different methods of feeding
- Different equipment
- How Sensory Processing difficulties impact on eating and drinking
- · Environmental factors
- Messy play and food play

To Book:

https://www.eventbrite.co. uk/e/food-explorerstickets-1446982596899?aff=oddt

06/10/25

14:00-15:00

Supporting your child's (6–12-year-olds) self-care skills with motor skill challenges

Aims:

To Book:

Primary School Staff, Parents, Secondary School Year 7 Understand more about how motor skill challenges can impact on the child's participation in self-care activities such as dressing, toileting, feeding themselves, etc. Learn strategies to support your child's self-care needs

uk/e/supporting-childs-612-y0-self-care-skillswith-motor-skillchallenges-tickets-1446972757469?aff=oddt dtcreator

https://www.eventbrite.co.

07/10/25

15:45-16:45

Aims:

Is your classroom Communication Friendly?Aims: To Book:

School Staff, Class Teachers, teaching Assistants -Learn about how to make your classroom communication friendly

- Reflect on the current classroom environment

- Share and gain ideas on what's working well and areas to improve

communication-friendlytickets-

https://www.eventbrite.co.

uk/e/is-your-classroom-

<u>1447006879529?aff=oddt</u> dtcreator

08/10/25

15:00-16:00

Staff and parents/carers already using paper based ACC (e.g. core boards, aided language displays and communication

Supporting High Tech AAC Users-Q and A

Aims:

Staff and parents/carers already using paper based AAC (e.g. core boards, aided language displays and communication books). Join and ask any questions

To Book:

https://www.eventbrite.co. uk/e/supporting-high-techaac-users-q-and-atickets-

1447016769109?aff=oddt

dtcreator

08/10/25

books)

15:30-16:30

Parents, school staff, other professionals

Supporting Early Communicators with Language and Social Communication Needs

Aims:

How do early language and social communication skills develop? What strategies can you use to help develop

these skills?

To Book:

https://www.eventbrite.co. uk/e/supporting-earlycommunicators-withlanguage-and-socialcommunication-needs-

tickets-

1447032285519?aff=oddt

dtcreator

13/10/25

15:30-16:30

Parents, primary school staff, other professionals

Supporting Expressive Language

Aims:

Learn about expressive language needs and how to support this area within the classroom

Discuss activities and strategies to support expressive

language targets

To Book:

https://www.eventbrite.co. uk/e/supporting-

expressive-language-

tickets-

<u>1478386145759?aff=oddt</u>

15/10/25

14:00-14:45

Attendees of Social Communication (Secondary Aged school staff and

Workshop on Social Communication -**Conversations training session**

Aims:

Discuss and problem solve ways to support adolescents with social communication needs To Book:

https://www.eventbrite.co. uk/e/workshop-on-socialcommunication-

conversations-trainingsession-tickets-

1447042576299?aff=oddt

dtcreator

15/10/25

parents)

15:00-16:00

Secondary Aged school staff and parents

Comprehension - Supporting Adolescents to understand classroom language

Aims:

Evidence-based session for teaching and support staff focussed on supporting adolescents to understand spoken information. The session covers:

Presenting information so that it's understood

Asking understandable questions

Supporting Students to say they don't

understand

To Book:

https://www.eventbrite.co. uk/e/comprehensionsupporting-adolescentsto-understand-classroom-

language-tickets-

1447195433499?aff=oddt

dtcreator

16/10/25

10:00-11:00

Parent, Early Years Staff. School staff. other Professionals Glue Ear - how to spot it and how to support? To Book:

Aims:

Learn how to identify Glue Ear, learn about its effects and how to manage and support a child with Glue Ear https://www.eventbrite.co. uk/e/glue-ear-how-tospot-it-and-how-tosupport-tickets-

1478322455259?aff=oddt

dtcreator

16/10/25

15:00-16:00

Parents and school staff

Introduction to Using Zones of Regulation

Aims:

The zones of regulation is an approach used to teach self-regulation to children and young people with learning differences by categorising emotions and states into four coloured zones. This training will look at:

- What is the Zones of Regulation approach
- How to teach a child or young person to use it
- Examples of this approach in practise

To Book:

https://www.eventbrite.co. uk/e/introduction-to-usingzones-of-regulationtickets-

1448912820249?aff=oddt dtcreator

20/10/25

12:00-13:00

Parents, Primary School staff, other professionals

Using Colourful Semantics

Aims:

Learn about using Colourful Semantics to support functional communication

To Book:

https://www.eventbrite.co. uk/e/using-colourfulsemantics-tickets-

1449850926149?aff=oddt

22/10/25

15:30-16:30

Early Years staff, **Parents**

All About Play

Aims:

An overview of play development and how it supports both communication and functional skills: • Understand how play supports social communication and language development • Learn about sensory processing and fine motor skill development • Explore strategies and activities to model play and select appropriate toys for

home and nursery settings

To Book:

https://www.eventbrite.co. uk/e/all-about-play-

tickets-

1449909551499?aff=oddt dtcreator

23/10/25

13:00-14:00

Parents and primary school staff, other professionals

Multisensory Storytelling-Question and Answer To Book:

Aims:

This training is aimed at supporting children with complex needs.

We'll be looking at how and why sensory storytelling can support a child or young person's communication skills.

We will be sharing strategies to make storytelling engaging and motivating, so that it can become part of a daily routine.

https://www.eventbrite.co. uk/e/multisensorystorytelling-question-and-

answer-tickets-

1455050016769?aff=oddt

dtcreator

05/11/25

14:30-15:30

Parents, school staff, other professionals

Developmental Language Disorder (DLD) - An Overview Aims:

To Book:

What is DLD? What is impact of DLD?

How to identify and support children and young people

with DLD

https://www.eventbrite.co. uk/e/developmentallanguage-disorder-an-

overview-tickets-1456527325439?aff=oddt

dtcreator

11/11/25

09:30-10:30

Parent, Early Years Staff, School staff, other Professionals **Supporting Early Attention Skills**

Learn about how attention develops and how to run attention based groups

We will share intervention ideas and signpost to useful

resources and related training

To Book:

https://www.eventbrite.co.

uk/e/copy-of-

developmental-languagedisorder-an-overview-

tickets-

1458472824479?aff=oddt

dtcreator

11/11/25

09:30-10:30

Parents, school staff, other professionals

Eating Skills and Food Textures

To understand the skills needed to safely eat certain textures and how to promote those skills

To Book:

https://www.eventbrite.co. uk/e/eating-skills-andfood-textures-tickets-1459850475069?aff=oddt dtcreator

11/11/25

Supporting Hand Function in Early Years and KS1

13:00-14:00

To Book:

Parents, early years and school staff, other professionals

This will include information for parents and education staff about the development of pre-writing forms. supporting the development of a functional pencil grip and activities to get your child ready to use scissors. Play ideas will be included to promote hand strength/ grasp patterns and the use of two hands together.

https://www.eventbrite.co. uk/e/supporting-handfunction-in-early-yearsand-ks1-tickets-1458482493399?aff=oddt dtcreator

11/11/25

15:30-16:30

Supporting Sensory Regulation Training Aims:

To Book:

Parents, early years and school staff, other professionals

What are our Senses? What is Regulation?

Situations and Places

Why is sensory regulation important?

Strategies to manage and support Sensory Regulation difficulties

https://www.eventbrite.co. uk/e/supporting-sensoryregulation-training-tickets-1458489644789?aff=oddt dtcreator

12/11/25 09:30-10:30 **Supporting Children with Speech Sound Difficulties**

Supporting Children Who Find It Hard to Talk in Some

Supporting pupils who Stammer in Early Years and Primary

Aims: To Book:

Parents, Early Years Staff, primary school staff, other professionals

This training provides guidance about typical speech development, and when to refer to an SLT. Practical ideas are shared about adapting the environment to support children whose speech is difficult to understand. There be opportunities for participants to ask questions.

https://www.eventbrite.co. uk/e/supporting-childrenwith-speech-sounddifficulties-tickets-1459958187239?aff=oddt dtcreator

12/11/25

10:00-11:00

Aims:

To Book:

Parents, Early Years Staff, School Staff, other professionals

-does your child communicate in some situations e.g. home, but not in others e.g. nursery/school?

-does your child sometimes freeze/stop speaking when other people are present?

-do you notice a big difference in how freely your child communicates at home compared to other places they go?

If you have answered yes to any of these questions, this training could be helpful for you

https://www.eventbrite.co. uk/e/supporting-childrenwho-find-it-hard-to-talk-insome-situations-andplaces-tickets-1460932120299?aff=oddt dtcreator

18/11/25

09:30-10:30

Aims:

School.

Parent, Early Years Staff, School staff. other Professionals

The session describes the impact stammering (stuttering) can have on pupils in education settings. Information will be shared to help you -

- · create an environment that communicates the message – it is ok to stammer.
- ·build pupils' confidence about their communication abilities whether speaking fluently or with stammering. ·adapt demands of typical speaking situations to suit
- individual needs. There will be opportunities for participants to ask questions

To Book:

https://www.eventbrite.co. uk/e/supporting-pupilswho-stammer-in-earlyyears-and-primaryschool-tickets-1460046872499?aff=oddt dtcreator

18/11/25

13:00-14:00

Tool Use for KS1 and KS2

Aims:

To Book: https://www.eventbrite.co.

ks2-tickets-

1459968036699?aff=oddt

uk/e/tool-use-for-ks1-and-

dtcreator

To Book:

Primary School Staff (KS1 and KS2),

Parents

This will include information about Pencil grip development, Scissor skills and Knife and fork use

18/11/25

15:00-16:00

Secondary Aged school staff and parents

Vocabulary - Supporting Adolescents to learn and remember new words

Aims:

· To raise awareness of the importance of vocabulary development

- · How to select new vocabulary words for your child
- ·To learn different methods and strategies to support vocabulary development

https://www.eventbrite.co. uk/e/vocabularysupporting-adolescents-

to-learn-and-remembernew-words-tickets-

1459988156879?aff=oddt dtcreator

19/11/25

10:00-11:00

Parents, Early Years and Primary School staff, other professionals

Self care in the Early Years

Aims:

We will be discussing how motor skill challenges can impact on child's participation in self-care activities such as dressing, toileting, feeding themselves, etc. and look at strategies on how to meet your child's needs to help them better engage in their self-care skills.

To Book:

https://www.eventbrite.co. uk/e/self-care-in-theearly-years-tickets-1460131836629?aff=oddt dtcreator

19/11/25 14:00-14:45

Attendees of Social Communication (Secondary Aged school staff and parents)

Workshop on Secondary School Comprehension To Book: Aims:

Discuss and problem solve ways to support understanding of language in the classroom

https://www.eventbrite.co. uk/e/workshop-onsecondary-school-

comprehension-tickets-1460151284799?aff=oddt

dtcreator

19/11/25

14:30-15:30

SCHOOLS ONLY-Primary and Secondary Schools Communication Interactive Resource -What is it and how to use it

Aims:

Find out more about the BCIT Communication Interactive resource

To Book:

https://www.eventbrite.co. uk/e/communicationinteractive-resource-whatis-it-and-how-to-use-it-

tickets-

1460693145519?aff=oddt

19/11/25 15:00-16:00 **Advanced Paper Based AAC (Augmentative & Alternative Communication): Moving On**

Aims:

To Book:

Parents, school staff, other professionals

Aimed at staff and parents/carers already using paper based ACC (e.g. core boards, aided language

displays and communication books)

https://www.eventbrite.co .uk/e/advanced-paperbased-aac-

alternative-communicmoving-on-tickets-

1459890354349?aff=odd

tdtcreator

augmentative-

21/11/25 15:30-16:30

Supporting Receptive Language Targets-Primary School To Book:

Parents, Primary School staff, other professionals

Understand receptive language targets and how you can work on these with children you are supporting

Discuss activities you can use within your setting

to work on these targets

Get support with any receptive language targets you have been provided with, to work on with children https://www.eventbrite.co. uk/e/supporting-receptivelanguage-targets-primaryschool-tickets-

1460751540179?aff=oddt dtcreator

25/11/25

13:00-14:00

Suitable for All

Developmental Coordination Disorder (DCD) -Identifying signs and strategies

Supporting Social Communication in Primary School-

Supporting Social Communication in Primary School-For

Aims:

What is Developmental Coordination Disorder (DCD)? How can we identify these needs and best support

To Book:

https://www.eventbrite.co. uk/e/developmentalcoordination-disorderdcd-identifying-signs-andstrategies-tickets-

1460753084799?aff=oddt

dtcreator

26/11/25

12:00-13:00

Parents and Carers

For Parents and Carers Aims:

Learn about how to support your child's social communication skills at home

To Book:

https://www.eventbrite.co. uk/e/supporting-socialcommunication-in-

primary-school-forparents-and-carers-

tickets-

1460943454199?aff=oddt

dtcreator

26/11/25 14:00-15:00

School Staff

Aims:

Develop skills in identifying need and setting targets for children with social communication difficulties

Learn strategies to facilitate successful social communication in the classroom.

To Book:

https://www.eventbrite.co. uk/e/supporting-socialcommunication-inprimary-school-for-schoolstaff-tickets-

1460955359809?aff=oddt

dtcreator

Primary School Staff, Other professionals

04/12/25

09:30-10:30

Parents, school staff, other professionals

Emerging Communicators - support pre- & early-intentional communication

Aims:

This training is aimed at parents, carers and teaching staff in specialist settings supporting children with complex physical/multisensory needs who are preintentional or emerging intentional communicators. Aims:

- ·To gain an understanding of how communication develops
- ·To consider communication in the context of neurodevelopment/additional complex needs,
- ·Shaping behaviour into meaning, Ideas and Activities to support emerging communication

To Book:

https://www.eventbrite.co. uk/e/emergingcommunicators-supportpre-early-intentionalcommunication-tickets-1460809964929?aff=oddt dtcreator

16/12/25 14:00-14:45

Attendees of supporting adolescents to learn and remember new words (Secondary Aged school staff and parents)

Workshop on supporting adolescents to learn and remember new words

Aims:

Discuss and share ideas around strategies to support word learning for secondary school aged students To Book:

https://www.eventbrite.co. uk/e/workshop-onsupporting-adolescentsto-learn-and-remembernew-words-tickets-1460919392229?aff=oddt