



Haringey Universal Therapy Services (HUTS) Advice Poster

How can I help my child learn to talk confidently?



- ✓ Stay calm and acknowledge that talking can be hard sometimes
- ✗ Don't react if the child does or does not talk/communicate
- ✓ Make short comments e.g. "this is fun isn't it! I love this game"
- ✗ Don't ask questions e.g. why they're not talking/joining in
- ✓ Accept the way they communicate (e.g. nodding, pointing, drawing, writing).
- ✗ Don't pressure them to look at you or speak louder

Find out more:

Learn more about
why children might
be quiet



Speech and
Language UK

Learn more about
growing your child's
confidence



BBC
TINY HAPPY
PEOPLE

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