



Haringey Universal Therapy Services (HUTS) Advice Poster

How can I help my child learn to talk confidently?



- Try not to say “slow down” or finish their sentences. Instead, **be patient** and **present**.
- Use **neutral language** about the stammer e.g. talk about stammering more, or less, rather than speech being “bad” or “good.”
- Spend 5-15 minutes every day **playing** with your child whilst focusing on strategies which you think will help your child (see QR code below)
- Give your child your full attention. Listen to **what** they are saying rather than **how** they are talking.

Find out more:

Learn more about
stammering



BBC
TINY HAPPY
PEOPLE

Learn more
strategies to use at
home



Call **0203 224 4399**
Monday-Friday
9am-5pm



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