

Community podiatry biomechanics

How to book your follow-up appointment

Introduction

- After your podiatry biomechanics appointment (which looks at structure, function and movement of your feet and lower legs), your clinician will tell you if you need a follow-up visit.
- If you need a follow-up, your clinician will explain what will happen.
- Many biomechanic foot problems will get better on their own or need time to heal, so sometimes a follow-up visit is not needed.

How do I arrange my follow up appointment?

- **Four weeks before the date that we have suggested**, phone the **Central Booking Team on 0203 316 1111**.
- Ask them to book “a review follow-up appointment” for you.
- Please give these details:
 - Your full name
 - Your NHS number
 - Suggested follow-up date you have been given.
- We will try to give you an appointment as close to this date as possible.
- If you do not book your follow-up, or do not contact us, **you will automatically be discharged from our service**.
- If you have an unexpected problem with your feet before your next appointment, please call us on the same number and tell us you need some advice.
- The booking team cannot give you medical advice. They will tell a Podiatrist, who will contact you.
- **It is important that you come to your appointments.**
- If you cannot make your appointment you must reschedule. Please call the Central Booking Team as soon as possible. We can then give your appointment to someone else who needs it.

What if you have referred me for an x-ray or a scan?

- Please call the Central Booking Team after you have had your scan or x-ray appointment.
- Ask for an appointment about four weeks after your scan or x-ray. This gives us time to get the report.

Where will my follow up appointment take place?

- Your appointment will be at one of these health centres:
 - Holloway Community Health Centre, 11 Hornsey Street, London N7 8GG
 - Lordship Lane Health Centre, 239 Lordship Lane, London N17 6AA

Transport for your follow up appointment

- If you are allowed to use the NHS transport service, please call **0333 240 4909** to book. Please book **at least 2 days and up to 4 weeks before your appointment**.
- **Important:** please ask for a **morning** appointment if you will be using the NHS transport service.

Contact to book a follow up appointment

To book follow-up appointments, or to request advice, please contact the **Central Booking Team on 0203 316 1111**.

Contact our Trust

If you have a compliment, complaint or concern, please contact our Patient Advice and Liaison Service (PALS) on **020 7288 5551** or whh-tr.PALS@nhs.net.

If you need a large print, audio or translated copy of this leaflet, please email whh-tr.patient-information@nhs.net. We will try our best to meet your needs.

020 7272 3070 | Whittington Health NHS Trust, Magdala Avenue, London, N19 5NF
www.whittington.nhs.uk | x.com/WhitHealth | facebook.com/WhittingtonHealth

Document information

Date published: 24/11/2025 | Review date: 24/11/2027 | Ref: ACS/Pod/CPBHBFUA/01
© Whittington Health NHS Trust. Please recycle.