

# Community podiatry biomechanics

## How to book your follow-up appointment

### Introduction

- After your podiatry biomechanics appointment (which looks at structure, function and movement of your feet and lower legs), your clinician will tell you if you need a follow-up visit.
- If you need a follow-up, your clinician will explain what will happen.
- Many biomechanic foot problems will get better on their own or need time to heal, so sometimes a follow-up visit is not needed.

### How do I arrange my follow up appointment?

- **Four weeks before the date that we have suggested**, phone the **Central Booking Team on 0203 316 1111**.
- Ask them to book “a review follow-up appointment” for you.
- Please give these details:
  - Your full name
  - Your NHS number
  - Suggested follow-up date you have been given.
- We will try to give you an appointment as close to this date as possible.
- If you do not book your follow-up, or do not contact us, **you will automatically be discharged from our service**.
- If you have an unexpected problem with your feet before your next appointment, please call us on the same number and tell us you need some advice.
- The booking team cannot give you medical advice. They will tell a Podiatrist, who will contact you.
- **It is important that you come to your appointments.**
- If you cannot make your appointment you must reschedule. Please call the Central Booking Team as soon as possible. We can then give your appointment to someone else who needs it.

### What if you have referred me for an x-ray or a scan?

- Please call the Central Booking Team after you have had your scan or x-ray appointment.
- Ask for an appointment about four weeks after your scan or x-ray. This gives us time to get the report.

## Where will my follow up appointment take place?

- Your appointment will be at one of these health centres:
  - Holloway Community Health Centre, 11 Hornsey Street, London N7 8GG
  - Lordship Lane Health Centre, 239 Lordship Lane, London N17 6AA

## Transport for your follow up appointment

- If you are allowed to use the NHS transport service, please call **0333 240 4909** to book. Please book **at least 2 days and up to 4 weeks before your appointment.**
- **Important:** please ask for a **morning** appointment if you will be using the NHS transport service.

## Contact to book a follow up appointment

To book follow-up appointments, or to request advice, please contact the **Central Booking Team on 0203 316 1111**.

## Contact our Trust

If you have a compliment, complaint or concern, please contact our Patient Advice and Liaison Service (PALS) on **020 7288 5551** or [whh-tr.PALS@nhs.net](mailto:whh-tr.PALS@nhs.net).

If you need a large print, audio or translated copy of this leaflet, please email [whh-tr.patient-information@nhs.net](mailto:whh-tr.patient-information@nhs.net). We will try our best to meet your needs.

**020 7272 3070** | Whittington Health NHS Trust, Magdala Avenue, London, N19 5NF  
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