

# Learning to talk

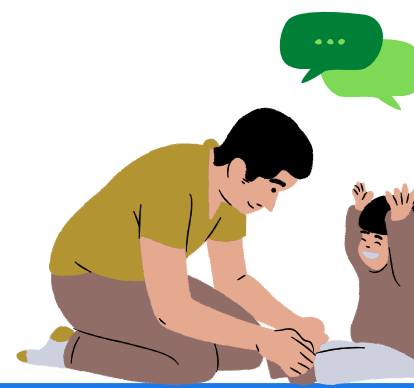
Children learn to talk by having **everyday interactions**



from **0 - 5**



with **people close to them**

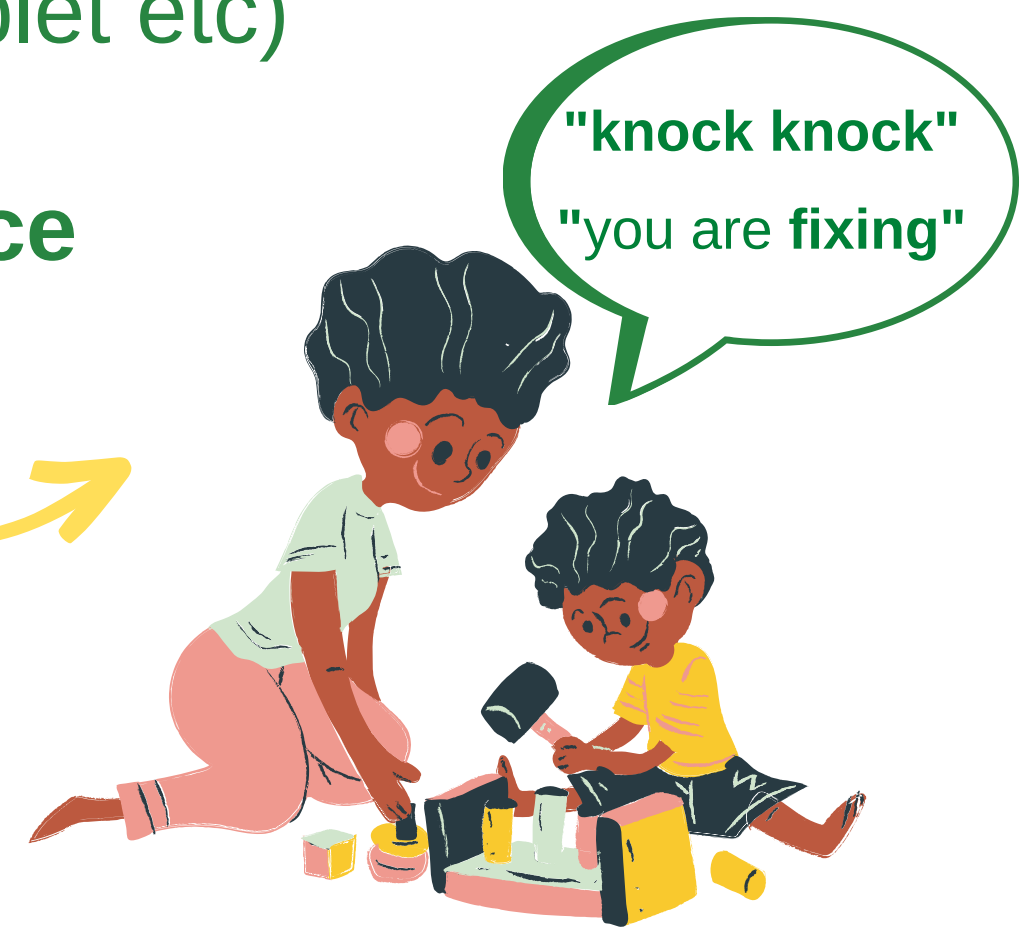


in their family's **home language/s**



Children will learn to talk at different rates, but there are some things you can do to help them:

- **Reduce distractions** (turn off TV, phone, tablet etc)
- Get down to your child's level and **face-to-face**
- Focus on **their interests**
- **Say words** about their interests and actions



Find out more:

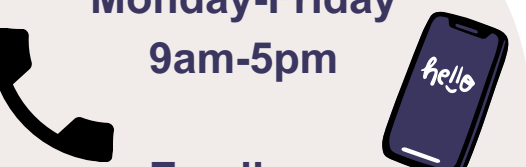
- Discover fun, free activities at:

**BBC**  
**TINY HAPPY**  
**PEOPLE**



- **Speech and Language Therapy Advice Line**

Call 0203 224 4399  
Monday-Friday  
9am-5pm



Email us  
whh-tr.huts@nhs.net



**NHS**  
Whittington Health  
NHS Trust