

Barnet Children's Integrated Therapies

Sensory Differences Universal Training Package

Live and Pre-recorded Sessions



For Parents, Early Years settings, and School Staff

- Develop your understanding of how to support children's sensory needs
- Get practical strategies
- Support children to feel more regulated, engaged and ready to learn at home and school

Session 1: [Understanding a Child's Sensory Profile](#) 16th April 2026 15:00-16:00

An introduction on how children take in and react to the sensory world around them.
Learn how to spot different sensory preferences and sensitivities
Understand how these can affect a child's behaviour and daily activities
Recognise when a child might need extra sensory support

Session 2: [Supporting the Sensory Environment](#) 23rd April 2026 09:00-10:00

Understand how everyday environments can impact a child's ability to regulate and participate
Explore how to adapt home, classroom, and play environments to reduce sensory overload and support focus, comfort, and engagement.
Learn strategies for creating supportive sensory spaces

Session 3: [Sensory Circuits and Daily Regulation Strategies](#) 11th June 2026 09:00-10:00

Learn about sensory circuits and movement-based activities that help children regulate their bodies and prepare for learning
Learn how to structure simple sensory routines using alerting, organising, and calming activities that can be implemented at home or in school.

Session 4: [Introduction to Sensory based functional needs](#): 12th June 2026 09:00-10:00 and 18th May 10:00-11:00

Explore how children's sensory differences affect their everyday skills and independence
Learn strategies you can use at home and in school.

Sensory Processing Interactive Toolkit – for School Staff

Schools must register to get access to the full toolkit – [Register Here](#). The toolkit includes: pre-recorded videos, slide decks and information / forms to support understanding and promote independence for children with sensory processing differences.

Scan QR code to –

- View the Training Menu
- Book onto Live Sessions
- Access pre-recorded training videos:
 - [Introduction to Sensory Processing and Sensory Differences](#) (20 mins)
 - [Sensory Processing strategies to support Functional Skills](#) (18 mins)
 - [Supporting schools with the sensory environment](#) (22 mins)
 - [Sensory Circuits](#) (24 mins)