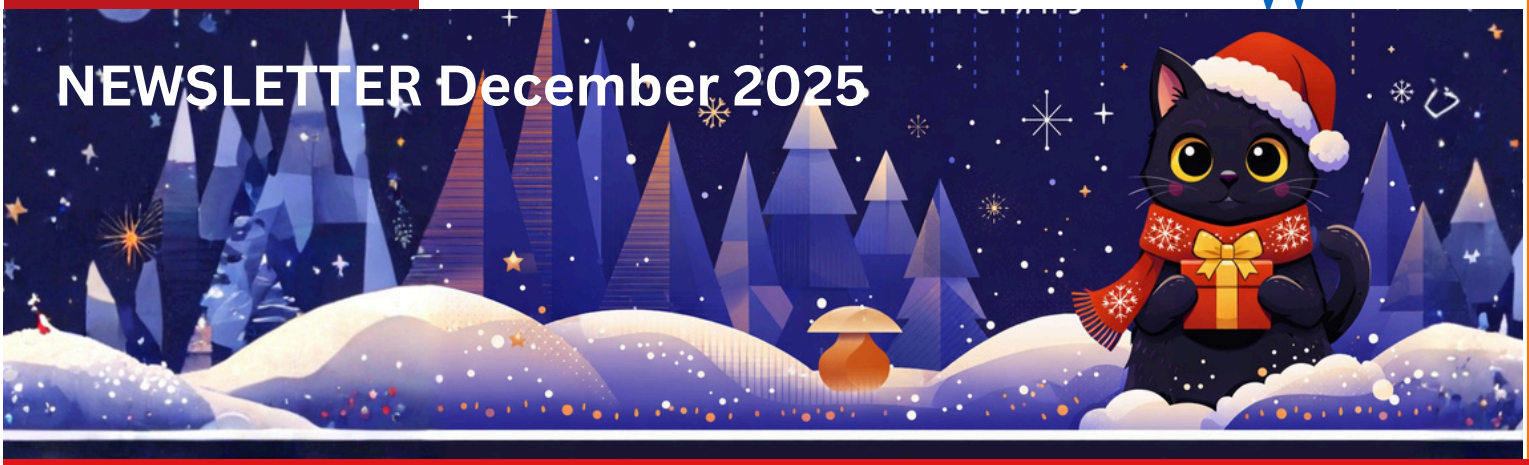
# WHITTINGTON HEALTH LIBRARY

# LIBRARY LINK




## Noclor Programme Update

Our Noclor Journal Club is open to all nurses and AHPs. The club meets online (and in-person in the library) on a monthly basis to discuss a recent paper in a friendly and informal way. The next session is on Tuesday 13/1/26, 3-4.30pm. As we may well be feeling the effects of the festive season and perhaps taking part in "Dry January", we'll be reading Temporary abstinence challenges: What do we need to know?

We've also set the papers we'll cover at meetings in February and March 2026, and you're welcome to join them for all of them:

·Wednesday 18/2/26, 2-3.30pm. Because we'll all be sick of the dark evenings, we'll be looking at the evidence behind them via The British Sleep Society position statement on Daylight Saving Time in the UK

·Friday 13/3/26, 2-3pm. In honour of Easter being just round the corner, we'll be reading A bite of dark chocolate? Black humour in mental health services

The quality and rigour of these papers' methodology, as well as the topics they cover, will feature in the discussion - so even if they are outside of your specialty there will be something for you! You're welcome to drop-in and out of sessions too.

To book your place at any of these upcoming meetings, please email us at whl@nhs.net or call 020 7288 3580 and we will send you an outlook invitation and link to join! We can also keep you up to date with plans for future sessions. Past papers covered by the club include "The role of dog therapy in clinical recovery and improving quality of life: a randomized, controlled trial" and "Zombie apocalypse simulation: elevating mental health nursing education", so there's something different every time!

You can find more information on our Noclor Programme - which includes newly-added training sessions and signposting to specialty-specific resources - on our website's dedicated Noclor Programme Nursing and AHP Research Portal

# NEWSLETTER DECEMBER 2025

## Library Services Update

Here are our closing times around Christmas and the New Year:

**We'll be keeping our regular opening hours of Mon-Thurs 9am-7pm, Fri 9am-5pm except for...**

**Monday 22/12/25 - Wednesday 24/12/26: open with reduced hours of 9am-5pm**

**Christmas Day (Thurs 25/12/25)**
**Boxing Day (Fri 26/12/25): closed**

**Monday 29/12/25 to Wednesday 31/12/25: open with reduced hours of 9am-5pm**

**New Year's Day (Thurs 1/1/26): closed**

**Opening hours return to normal from Friday 2/1/26 and extended opening hours will be trialled from Monday 12/1/26 until the end of February. Please see below.**

## Survey Report and Extended Opening Hours Trial

Thanks to everyone that took part in our survey in October. As a result of your feedback we have added more than new titles to our book collection, and from **Monday January 12th until the end of February**, we will be trialling increased opening hours in the library: **Monday to Thursday 9am-8pm, and Fridays 9am-6pm.** If this trial is successful we will continue these hours permanently.



Congratulations to oncology nurse Peta, the lucky recipient of our £30 cinema voucher, drawn at random from respondents.

## Upcoming Training

To book a place, email whl@nhs.net All the sessions are online via Teams

**AN INTRO TO LIBRARY SERVICES**

12 Jan 11-11:30 | 10 Feb 14:30–15 | 11 Mar 10:30–11

**FINDING THE EVIDENCE**

14 Jan 10–11 | 5 Feb 13–14 | 10 Mar 11:30–12:30

**CRITICAL APPRAISAL OF QUANTITATIVE RESEARCH**

19 Jan 9:30–10:30 | 17 Feb 11–12 | 18 Mar 13:30–14:30

**CRITICAL APPRAISAL OF QUALITATIVE RESEARCH**

20 Jan 14–15 | 20 Feb 10:30–11:30 | 26 Mar 9:30–10:30

**HEALTH LITERACY**

21 Jan 11–12 | 16 Feb 13:30–14:30 | 16 Mar 10–11

**BMJ BEST PRACTICE/UPTODATE**

15 Jan 13–14 | 3 Feb 9:30–10:30 | 13 Mar 14–15

Nurses and AHPs can visit the Training page of our *Noclor Programme Nursing and AHP Research Portal* for additional training sessions geared especially for them: https://www.whittington.nhs.uk/default.asp?c=47473

## Contact Us

**Email: whl@nhs.net**
**Phone: 020 7288 3580**
**@WhitHealthLib**