

The Anticoagulation clinic is for patients who need to be monitored because they take warfarin or another anticoagulant drug. The clinic is in the Cardiology department level 3 of Outpatient.

Reasons for attending the clinic

Your GP or another specialist doctor will refer you to the clinic following the start of anticoagulant drug treatment with warfarin, for heart problems or a blood clot in a blood vessel.

What happens in the clinic?

- First of all you will need to have a blood test in the Haematology department on level 5 of Outpatients.
- You should then come down to the Anticoagulant clinic on level 3 where you will be given a pink form with your results. We will discuss these with you.

- The anticoagulant specialist nurse or pharmacist will check your INR (International Normalised Ratio) levels following your blood test to make sure that your dose of warfarin is correct for you. This is important because your needs can vary over a period of time.
- Adjustments will be made if necessary.

How often do you need to attend the clinic?

For the first month that you are taking warfarin you will probably need to attend every week. During this period your warfarin dose may be changed at each clinic visit. This is quite normal, and is not a cause for concern.

Once your blood test results become stable you may only need to attend the clinic every 4 – 12 weeks.

Your appointment

Please try to come at the time stated on your pink appointment letter.

Please do not come too early as this leads to overcrowding in the clinic area.

The clinic timetable

Clinics are held on the following days and times:

Monday 9am to 1pm	New patients 2pm to 5pm
Tuesday 9am to 1pm	Follow-up patients 2pm to 5pm
Wednesday 9am to 1pm	Follow-up patients 2pm to 5pm
Thursday 9am to 1pm	New patients 2pm to 5pm
Friday	Emergency appointments only

Unable to keep your appointment?

If you cannot make your appointment please phone the clinic on 020 7288 3516 **as soon as possible**, so that it can be given to someone else. We will arrange a new appointment for you.

The anticoagulant team

The following are all members of the team:

The cardiology consultant

The anticoagulant nurse specialist

The anticoagulant clinic nurse

The anticoagulant pharmacist

The clinical administrator

Contact numbers

For advice and information

020 7288 5390 Monday to Friday,
9am to 5pm.

For appointments

020 7288 3516 Monday to Friday,
9am to 5pm.

The cardiology secretaries for urgent messages

020 7288 5292 or 020 7288 5290,
Monday to Friday 9am to 5pm.

The Whittington Hospital **NHS**
NHS Trust

Anticoagulant clinic



Information about the anticoagulant clinic



www.whittington.nhs.uk

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