

### [How to contact us](#)

Please telephone our 24 hour message service on 020 7527 4250. This is available every day of the year. A nurse will return your call.

### [Information about local health services](#)

If you would like more information or advice about the district nursing service or other community health services, please contact Whittington Health Patient Advisory Liaison Service (PALS) on 020 7288 5551.

If you would like information or advice about GPs, dentists, opticians or pharmacies, please contact the North central London PALS team on 020 3317 3003.

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## District nursing service

## Information for patients



### The district nursing team

Whittington Health's district nursing team provides expert care to support people in Islington and Haringey to stay in their own homes and avoid unnecessary admissions to hospital.

We provide one to one nursing care seven days a week to people who are unable to visit their GP surgery or health centre because of their condition. Our aim is to support people to live as independently as possible.

The team is made up of registered nurses, health care assistants, pharmacy technicians and phlebotomists with a wide range of skills and knowledge. Each team is led by a district nurse who is a registered nurse with additional specialist training in community nursing.

The service operates 24 hours a day, 365 days a year.

### Who do we work with?

The team works closely with for example, GPs social workers, care agencies, hospitals community matrons, continuing care nurses and voluntary agencies.

### How can we help you?

District nurses promote 'self-care' and will support and encourage you to control and improve your health including an acute or chronic illness or disability.

Examples include:

- Assessment, rehabilitation and nursing care following an illness
- Expert specialist care when you are seriously ill or nearing the end of your life
- Care after inpatient and day care surgery
- Continence assessments
- Care of leg ulcers in our housebound leg ulcer clinic

### Planning your care

When we receive your referral, we will contact you to arrange a visit.

On the first visit, the district nurse will assess your needs and discuss and agree with you, or you and your carer or family member, the most appropriate plan of care. A nursing record will be left in your home.