Welcome to the monthly Nursing Current Awareness Bulletin produced for you by Whittington Health Library. This bulletin will include news items, journal articles, new guidance and any systematic reviews relevant to nursing and midwifery. The Bulletin covers all aspects of community nursing within Whittington Health, as well as nursing in the Hospital.

Links marked with (OpenAthens login) require an NHS Athens account to read. You can self register for one [here](#) using your NHS email address. Links marked (Wiley publication) please follow these instructions: Once link has loaded, select ‘Get PDF’. In the box below ‘Institution Name’ type in ‘NHS England’ wait for NHS England to show in the list and then click on it to select. Now click on ‘Log In’ which will take you to the NHS ATHENS login page. Enter your NHS ATHENS user id and password.

**News**

*How many nurses short is the NHS?*

*National group to drive improved healthcare support for people with learning disabilities*

*End unfair split between NHS and council care, review says*

*New RCM report shows postnatal care falling short of official guidance*

*New assessments for non-European nurses to be introduced*

*New research on the importance of nurse staffing levels*

*Cancer patients with depression are being overlooked*

*Politics-proof infection control strategy needed to tackle threat of antimicrobial resistance*

*Is breastfeeding inability causing depression?*

*Text technology proving to be major aid to school nurses*

*Why we should be concerned about the return of Victorian diseases*

*All councils to take on responsibility for health visiting services from 2015*
Don’t forget to have your flu vaccination. As part of your duty of care to your patients you should do everything in your power to protect them against infection. This includes getting vaccinated against flu.

- The impact of flu on frail and vulnerable patients, in communities, care homes and in hospitals, can be fatal.
- Getting vaccinated against flu can help protect you and your family.
- Even if you are asymptomatic you can still pass on flu to patients.
- Having the flu vaccination can be a powerful message to colleagues and patients.

**NICE Guidelines**

NICE has published new guidance Safe staffing for nursing in adult inpatient wards in acute hospitals (SG1). This guideline covers safe staffing for nursing in adult inpatient wards in acute hospitals. It recommends a systematic approach at ward level to ensure that patients receive the nursing care they need, regardless of the ward to which they are allocated, the time of the day, or the day of the week. The guideline identifies organisational and managerial factors that are required to support safe staffing for nursing, and makes recommendations for monitoring and taking action if there are not enough nursing staff available to meet the nursing needs of patients on the ward. Additional link: NICE press release

**New guidance on ectopic pregnancy.**

Not everyone finds the re-designed NICE web site easy to use! Click on read guidance to get to the document, or pathway for an algorithm.

**Guidance**

From 1 September new legislation was passed making significant changes to the support available to children with special educational needs (SEN). Key changes include the statements on 'education, health and care plans' and the plans covering 0-25 years, rather than 0-16 years. Local authorities and schools are required to outline all services available in the borough for children with SEN. There are many implications for health service commissioning and delivery to children and young people in these reforms. Find out more online

Sepsis is almost unique among acute conditions in that it affects all age groups and can present in any clinical area and health sector. Over 70% of cases arise in the community. A patient safety alert has been issued by NHS England to continue to raise awareness of sepsis and to signpost clinicians in the ambulance service, primary and community services and secondary care to a set of resources developed by the UK Sepsis Trust, and others. These resources support the prompt recognition and initiation of treatments for all patients suspected of having sepsis. Read more here

Two new guidance packages targeted at nurses working with children and families have been launched by the Department of Health. The packages comprise six early years “high impact areas”, which have been developed for healthcare practitioners, and 70 public health fact sheets for practitioners and parents.

The London Mental Health Strategic Clinical Network has developed a commissioning guide to emotional and psychological support on the London diabetes care pathway. Its recommendations should help providers and practitioners

Fit for frailty. The first of a two-part guidance on the recognition and management of older patients with frailty in community and outpatient settings this guide has been produced in association with the Royal College of General Practitioners (RCGP) and Age UK, aims to be an invaluable tool for social workers, ambulance crews, carers, GPs, nurses and others working with older people in the community.
Guidance has been launched to support hospital staff care for vulnerable patients who are in emotional crisis on top of their physical health needs. The Brief Encounters guidance notes that it can be hard for staff to know what to say or find the right time to talk when on a busy ward. But it highlights that interactions can make a positive difference to patients and bring "comfort, empowerment and reassurance".

Systematic Reviews

Nursing and aggression in the workplace: A systematic Review.

This review looked at evidence from 137 papers. Physical aggression was found to be most frequent in mental health, nursing homes and emergency departments while verbal aggression was more commonly experienced by general nurses. Nurses exposed to verbal or physical abuse often experienced a negative psychological impact post incident. British Journal of Nursing 23 (12) 653-659 (OpenAthens) Please use this form if unable to access full-text

A qualitative systematic review exploring lay understanding of cancer by adults without a cancer diagnosis

A qualitative systematic review exploring lay understanding of cancer by adults without a cancer diagnosis. This review draws together evidence of how people notice, talk about and develop their own experiential explanations about cancer and other illnesses, possibly incorporating, but not simply reinterpreting, 'expert' knowledge. Health professionals who recognize this will be well placed to provide effective and appropriate health information and advice about cancer. Journal of Advanced Nursing 70 (8) 1688-1701 (Please use this form to order full text.)

Reports

The King's Fund has published Improving NHS care by engaging staff and devolving decision-making. This report details the conclusions of the Review of Staff Engagement and Empowerment in the NHS, commissioned by the Minister for Care and Support in November 2013. The review found compelling evidence that NHS organisations with high levels of staff engagement – where staff are strongly committed to their work and involved in decision-making – deliver better quality care. These organisations report: lower mortality rates; better patient experience; and lower rates of sickness absence and staff turnover.

NHS Improving Quality has published Improving adult rehabilitation services in England: sharing best practice in acute and community care. This report is designed to provide examples of good practice in rehabilitation services and to highlight the common elements that have contributed to improved patient outcomes. It supports NHS England's understanding of the role rehabilitation has within local and national priorities. It includes case studies of projects from various parts of the country.

Websites

http://www.6cs.england.nhs.uk 6Cs Live! offers support and encouragement to nurses, midwives and care staff committed to improve the quality of their service and the experience of their patients and celebrates their success.

Journal Articles

Case management and long-term conditions: the evolution of the community matrons. Despite initial concerns and scepticism about the role, community matrons continue to work with people to provide advanced clinical nursing care, often within a case-management model. Community matrons have continued to shape and develop this role around the main aims of preventing unnecessary emergency admissions, improving quality of life and outcomes for patients, and coordinating all elements of care. This article reviews the evidence, implementation and evolution of case management within the role of the community matron. British Journal of Community Nursing, 19 (7) 340-345 (OpenAthens)
Clarifying misconceptions about compassionate care. This article challenges some of the beliefs and values that underpin the meaning of compassionate care and its application to practice. It brings greater clarity to the meaning of compassion, which could be used to form the basis of shared visions of caring, both strategic and operational, across organisations. Journal of Advanced Nursing 70 (8) 1738-1747 (Please use this form to order full text.)

Facing diversity under institutional constraints: challenging situations for community nurses when providing care to ethnic minority patients. Journal of Advanced Nursing 70 (9) 2107-2116 (Please use this form to order full text.)

District nurses’ and registered nurses’ training in and use of motivational interviewing in primary care settings. Journal of Clinical Nursing 23 (15) 2284-2294 (Please use this form to order full text.)

Community nursing and intermittent self-catheterisation. British Journal of Community Nursing 18 (8) 388-193 (OpenAthens)

A critical analysis of the school nursing vision and call to action. British Journal of School Nursing July/August 2014 Vol 9 No 6 287-295 (OpenAthens)

Helping to protect children and guard against child sexual abuse. British Journal of School Nursing 9 (6) 299-300 (OpenAthens)

Health improvement and health promoting practitioners. British Journal of School Nursing 9 (5) 232-233 (OpenAthens)

A coherent approach is needed to reduce child deaths. British Journal of School Nursing 9 (6) 270-271 (OpenAthens)

A parent information leaflet to promote mental health in children. Nursing Standard 20 August p.43-50 (OpenAthens)

Natural alternatives to tackling high cholesterol: Guidance for community nurses. British Journal of Community Nursing 19 (8) 375-381 (OpenAthens)

Delivering care to oncology patients in the community: An innovative integrated approach. British Journal of Community Nursing 19 (8) 382-387 (OpenAthens)

Smoking and respiratory disease – The role of the community nurse. Journal of Community Nursing 28 (4) 72-77 (OpenAthens)

Medicines optimisation: An agenda for community nursing. Journal of Community Nursing 28 (3) 82-85 (OpenAthens)

End of life care services for patients with heart failure. This article examines palliative care and end of life care services for patients with heart failure. It presents the case for service development and examines the benefits for patients who traditionally may not have had access to this care. Nursing Standard 28 (51) 35-41 (OpenAthens)

Embracing IT systems will help you plan district nursing services. Nursing Times 110 (32/33) 7 (OpenAthens)
Women's well being after childbirth – Voices from caerphilly. This paper outlines a review of the processes involved in setting up a pilot community group for mothers and babies around the theme of postnatal wellbeing. This article also offers a review of what works in this specific area of practice and suggests that community groups with a focus on transitions to motherhood, rather than mental ill health, can have a significant impact on wellbeing. Community Practitioner, 2014, 87 (8) 21-25. (Please use this form to order full text.)

How prepared are UK midwives for their role in child protection? British Journal of Midwifery 22 (7) 472-478 (OpenAthens)

Exploring same sex couples' experiences of maternity care. British Journal of Midwifery 22 (7) 495-500 (OpenAthens)

Should wheelchairs be given priority over prams and pushchairs on public transport. British Journal of Midwifery 22 (7) 525-526 (OpenAthens)

Discourse on dystocia: a much need professional dialogue British Journal of Midwifery 22 (6) 390-392 (OpenAthens)

Caring for a woman with autism in early labour. British Journal of Midwifery 22 (7) 514-518 (OpenAthens)

Bouncing back, Billie Hunter discusses her research into what makes a midwife resilient and how others can learn from it. Midwives 17 (2) 21-23 (OpenAthens)

A balancing Act Statutory supervision purports to protect the public. But high-profile cases showing an apparent lack of supervision seem to highlight shortfalls in the system. Are midwives walking a tightrope without a safety net? Helen Bird investigates. Midwives 17 (2) 39-42 (OpenAthens)

Promoting the 6Cs of nursing in patient assessment. Nursing Standard. 28 (44) 52-59 (OpenAthens)

Refer to the experts for quality. Nurses who would like to influence specialist care could join a clinical reference group. Nursing Standard 28 (44) 64-65 (OpenAthens)

The future of learning disability nursing in the UK. Nursing Standard 28 (44) 44-61 (OpenAthens)

NMC urges nurse managers to prepare for new revalidation. Nursing Management 21 (4): 8-9 (OpenAthens)

Effective multidisciplinary working: The key to high quality care British Journal of Nursing 23 (13) 724-727 (OpenAthens)

Getting the priorities right in end-of-life care. The Leadership Alliance for the Care of Dying People has drawn up five priorities for the care of dying people. The priorities replace the Liverpool Care Pathway, which was widely criticised for promoting a tick-box approach to the care of the dying. The five priorities focus on: recognising that someone is dying; communicating sensitively with them and their family; involving them in decisions; supporting them and their family; and creating an individual plan of care that includes adequate nutrition and hydration. The alliance has outlined the duties and responsibilities of nurses and other health professionals when caring for people at the end of their lives, with an emphasis on compassionate care. Nursing Times 110 (32/33) 19-20 (OpenAthens) Please use this form if unable to access full-text
**Becoming the boss of your teammates.** Ensure your new management position gets off to a good start by separating your roles as manager and friend. Nursing Times 110 (31) 37 (OpenAthens)

**Developing compassion through a relationship centred appreciative leadership programme.** Belinda Dewar, Fiona Cook. Nurse Education Today 34 (9) 1258-1264. (pdf freely available)

**New Books in the Library**


- Prenatal and Postnatal Care: A Woman-Centered Approach, Robin G. Jordan et al. A comprehensive resource for the care of the pregnant woman before and after birth. Ideal as a graduate text for newly-qualified adult nurses, family and women's health practitioners, and midwives, the book can also be used as an in-depth reference for antenatal and postpartum care for those already in practice.

- Midwifery Practice: Critical Illness, Complications and Emergencies Case Book, edited by Maureen D. Raynor et al. This book provides a case study approach to several critical conditions which challenge all health care professionals working in this field. The case study approach will help midwives, doctors, midwifery and medical students to ground their clinical skills training on each specific situation by working through the questions and answer format. Of particular importance is the emphasis on interprofessional team working and the links between theory and practice.

- Practice Development in Nursing and Healthcare, Brendan McCormack. Now fully updated to take into account the many developments in the field it explores the basis of practice development and its aims, implementation and impact on healthcare, to enable readers to be confident in their approaches to practice development.

- Mentoring in Nursing and Healthcare, Kate Kilgallon. Mentoring in Nursing and Healthcare is a practical, interactive resource that promotes active participation and enhances a deeper level of understanding of mentorship. Accessible and practice-oriented, with case studies, reflective exercises
**Literature Search Service**

Whittington Health Library provides a literature search service for Trust staff in support of research, audit, clinical work and service improvement. Examples of recent nursing literature searches:

- for a school nurse - toilet training for children with special needs and physical disabilities
- for a nurse specialist - management of patient care for non-English speaking heart failure patients
- for a nurse specialist - the use of TENS in the management of chronic pain
- for a health visitor - managing disruptive students

Staff can request a literature search from the library intranet pages, or from our [web page](#).

If there is anything you think we have missed and would like to see included in future bulletins please let us know at whl@nhs.net