

Coming soon to or near where you work

2017 Health Education Programme January to March 2017

Are you a health and/or social care professional working in the Borough of Islington?

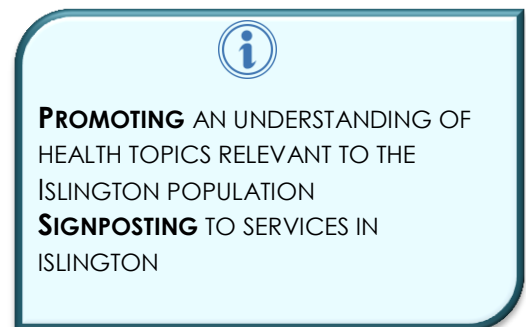
You Are Invited

The Recovery College in partnership with the Islington Community Education Provider Network to host **FREE AND FRIENDLY 1 HOUR SESSIONS** on

- Long term conditions
- Diet and exercise
- Unemployment
- Isolation
- Mental Health
- Housing
- Learning difficulties
- Older people including dementia care
- Obesity
- Isolation
- Effective communication and having meaningful conversations with children and young people



CROSS-SECTION OF CAREGIVERS
LEARNING TOGETHER
SHARING & CARING TOGETHER



PROMOTING AN UNDERSTANDING OF
HEALTH TOPICS RELEVANT TO THE
ISLINGTON POPULATION
SIGNPOSTING TO SERVICES IN
ISLINGTON

Featuring **joint speakers** with Peer (lived) and Professional (practitioner) experience.



FOOD AND BEVERAGES PROVIDED *please advise of any dietary requirements*

FOR FURTHER INFORMATION AND TO RESERVE A SPACE, First come, first served

Please call 07557 744 380 or

Email: recovery.college@candi.nhs.uk Subject line Health Education Programme 2017