

Spinal presentations pre-referral considerations

Red Flag/Alarm symptoms: Unexplained weight loss Severe unremitting night pain Fever Gait disturbance Feet lower limb hyper reflexia +/- clonus Bilateral changes in sensation in hands or feet History of serious pathology/systemic illness Immunosuppressed Potential Inflammatory presentation. Screen urgently Discuss with GPwSI/Rheumatologist

Potential malignancy or serious infections: Screen urgently

Discuss with Spinal ESP/ Spinal Orthopaedic team.

Serious pathology suspected (acute foot drop/myelopathy.
Screen urgently

Discuss with Spinal ESP/ Spinal Orthopaedic team.

Signs of CES or cord compression (consider sphincter issues in elderly).* see cauda equina guidance