MSK BACK AND NECK PAIN (AQP) SERVICE REFERRAL FORM

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| To make a referral; please discuss choice and forward referral to chosen provider. | **Whittington Health**  | Fax Number: 020 8442 6364Email:whh-tr.PhysiotherapyAQP-WhittHealth@nhs.net |
| **The Injury Care Clinics**  | Safe haven Fax number: **0844 571 7229**Email address: ticcs@nhs.net  |
| **Healthshare Ltd**  | Fax referral No.: **020 8181 7818** E-mail referral: wan-pct.healthshareAQP@nhs.net  |
| **Premier Therapy**   | **Fax referrals: 020 7687 7601**or by email toPremier.Therapy@nhs.net |

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|  **PATIENT DETAILS** |
|  NHS Number |  ~[NHS Number] |  Male  | Female  | DOB: |  ~[Date Of Birth]  |
|  Surname:  |  ~[Surname] |  Forename: |  ~[Forename] |
| Address: ~[Patient Address Line 1], ~[Patient Address Line 2], ~[Patient Address Line 3], ~[Patient Address Line 4] Post code: ~[Post Code] |  Date: ~[Today...] |
|  Home Tel No: ~[Telephone Number] |  Daytime / Mobile No: ~[Mobile] |

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|  **DETAILS OF THE REFERRING GP**  |
| Referring GP:  |  **Practice Code:** |
| Practice Name: |
| Practice Address:  |
|  Tel No:  |  Fax No: |

**Please ensure you check the referral criteria for this service**

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|  **REASON FOR REFERRAL (suspected condition)**  |  **DATE OF REFERRAL:**  |
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| **Duration of issue** | **< 2 weeks**  | **2 – 6 weeks**  | **> 6 weeks**  |
|  **Urgent referral** (Within 72 hours)  **Routine** (Within 10 working days) |

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| **Relevant Medications/Diagnostics - Please attach appropriate reports and significant findings** |
|  **X Ray  MRI  Pathology  CT  Ultrasound** |
| **Current medications:** |  |
| **Medical History/Allergies:** |  |
| **Referring GP Details** **Print Name: Signature: Date:****NHS.net Email contact address : Mobile:**  |

##### Referral criteria:

A patient is eligible for referral to the service if they present with primarily back or neck pain with or without ‘referred’ symptoms to the limbs including:

* Whiplash associated disorders
* Stiffness and restricted movement
* Cervicogenic headaches
* ‘Mechanical’ neck and back pain
* Degenerative pain
* Postural related neck and back pain.

**AQP Exclusions**

**Exclusions:** Patients who meet any the following conditions are not appropriate for referral and therefore not covered in this service:

* Suspicions of serious pathology– urgent to secondary care or as per locally agreed pathways.
* **Patients under 16 years of age**
* Patients that do not meet referral criteria.
* **Patients who are not registered with an NHS Haringey GP**.
* Patients who it is recognised at point of referral / initial assessment have little or no potential for further or sustained improvement through undertaking a course treatment.
* Housebound patients
* Patients with widespread or chronic **(greater than 1 year)** musculoskeletal pain.
* Patients who have a **primary peripheral limb problem** with secondary back and neck pain (e.g. hip or shoulder problems, foot or gait abnormalities).
* Women who are over 35 weeks pregnant.

**Examples of RED FLAGS:**

***Refer straight to Secondary Care***

* Screened Systemic Inflammatory Disease, requiring medical intervention
* Suspicion of Serious Pathology requiring medical intervention (malignancy or infection)
* Signs of cord compression / CaudaEquina Syndrome
* Suspicion of recent fracture requiring intervention

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| **AQP Provider** | **Statement** |
| **Whittington Health****Choose from 6 Clinic Locations:****Hornsey Neighbourhood Health Centre**151 Park Road, Hornsey, N8 8JD. **St Ann’s Hospital**St Ann’s Road, Tottenham, N15 3TH**Lordship Lane Health Centre**239 Lordship Lane, Tottenham, N17 6AA**The Whittington Hospital**, Highgate Hill, London, N19 5NF.**Bounds Green Health Centre**Musculoskeletal Physiotherapy Department, Gordon Road, Bounds Green, London, N11 2PA **Highgate Group Practice** 44 North Hill, Highgate, N6 4AQ | You can now book your appointment with us within 3 days (*if urgent*) or 10 working days (*if routine*)**.**Book directly from your GP practice through **Choose and Book**We have been providing High Quality Physiotherapy for Back and Neck Pain for many years. Our highly skilled physiotherapists are experts in diagnosis, manipulation, mobilisation and rehabilitation. We will use our extensive experience to guide your recovery, maximise your outcome and speedily get you back to work and sport. As NHS Practitioners we undergo constant professional development and monitoring to ensure we are highly competent and effective.Whittington Health physiotherapists also have the on-going support of Musculoskeletal experts.As well as manipulation, mobilisation and personalised exercise programmes we also offer Acupuncture, Pilates style/Spinal fitness classes and specific work related rehabilitation programmes***Check out our webpage:*** [www.whittington.nhs.uk/mskphysiotherapy](http://www.whittington.nhs.uk/mskphysiotherapy)for 15 reasons to choose us, exercise and advice leaflets, service information and to find out what our patients say about us... |
| **The Whittington Hospital**, Highgate Hill, London, N19 5NF. | **Telephone**: 020 8442 6182**Fax Number:** 020 8442 6364**Email:** whh-tr.PhysiotherapyAQP-WhittHealth@nhs.net |

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| **AQP Provider** | **Statement** |
| **The Injury Care Clinics (TICCS)****Clinic Locations:****Somerset Gardens Health Care Centre**, 4-6 Creighton Road, London, N17 8NW **Tynemouth Road Medical Practice**, Tynemouth Road, Tottenham, London, N15 4RH **Eclipse House** 35, Station Road, Wood Green, London, N22 6UX **Bounds Green Group Practice**, Gordon Rd, New Southgate, London N11 2PF**Rutland House Surgery**, 40 Colney Hatch Lane, Muswell Hill, N10 1DX**Bridge House Practice**, 96 Umfreville Road N4 1TL**Havergal Surgery**, 9-10 Havergal Villas, Green Lanes, N15 3DY | AS an organisation we adopt a multi - faceted treatment approach that encompasses the skill sets of an osteopath, chiropractor, biomechanist and myofascial therapist alongside conventional physiotherapy interventions. We provide the following treatments:* Deep soft tissue massage
* Myofacial release
* Joint mobilisation and manipulation
* Strength& conditioning programmes
* Postural education and exercise
* Acupuncture
* Full biomechanical assessments

We provide a self- management programme in the form of appropriate home exercises and lifestyle advice and patients can access support videos via our website to assist with their recovery programme. |
| The Injury Care Clinics Ltd (TICCS)Carnac House, Carnac CourtCams EstateFarehamHantsPO16 8 UZ | Contact telephone Number: 0800 4083917Safe haven Fax number: 0844 571 7229Email address: ticcs@nhs.net  |

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| **AQP Provider** | **Statement** |
| **Healthshare Ltd****Tynemouth Medical Practice**Tynemouth RdTottenham N15 4RH**Stuart Crescent Health Centre**8 Stuart CrescentLondon N22 5NJ**The Laurels Healthy Living Centre**256 St Ann’s RdTottenham N15 5AZ | We are a Clinical Stakeholder organisation, entirely run and operated by clinicians and are an experienced provider of Physiotherapy and Osteopathy Services to the NHS across London & the South East. We offer high quality assessment and manual therapy/manipulation skills with a strong focus on patient education and empowerment. We provide printed or electronic information and bespoke exercise rehabilitation programmes to all patients and always maintain open access for patients and referrers alike to ensure the care pathway is effective, patient centred and accessible. Patients can call our appointment booking line to make their appointment at any time from just a few hours after referral is made. |
| Healthshare, Suite 30, 40 Churchill Square, Kings Hill, West Malling, Kent, ME19 4YU. Office enquiry Tel 01732 525936. | Fax referral No.: **020 8181 7818** E-mail referral: wan-pct.healthshareAQP@nhs.net Tel No patient appointment booking :   **08450 030676** |

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| **AQP Provider** | **Statement** |
| **Premier Therapy****Fernlea surgery** 114 High RoadN156JR**Somerset gardens family** **healthcare centre**4 Creighton road, N17 8NW**Morris House Group Practice**Lordship Lane Health Centre239 Lordship Lane N17 6AA | Premier Therapy currently provide AQP services for 6 primary care trusts in England. We are staffed by senior physiotherapists who are part of a team of health professionals who follow clinical governance based on 16 years of practice in both the private and public sector. Our clinics are located in GP practices to afford maximum convenience for the Patients, close liaison with the GPs and a medical environment where all the components for the best results are in one location.  |
| Premier Therapy6-9 Timber Street, London, EC1Y 0TQEnquiries: 020 7687 7600 | For referrals: Please send via fax to Premier on **020 7687 7601**or by email toPremier.Therapy@nhs.netFor telephone enquiries please call **Premier’s** **dedicated NHS number:** **020 7687 7604** |