# CARING FOR COMMUNITIES





## — Information & Referral Form —

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### **Overview**

Tottenham Hotspur, in partnership with Whittington Hospital Trust and the Premier League Charitable Fund, is offering a new programme to support cancer patients throughout their cancer journey. This unique service will support participants beyond clinical care and treatment, offering a wide range of services in the community to support those residing in Barnet, Enfield, Haringey or Islington.

If you are over 18 years of age and have had a diagnosis of cancer in the last five years then Caring for Communities may be the perfect programme for you.

### FAQs

#### What are the aims of the programme?

The programme aims to support people beyond clinical care and treatment, reintegrate them back into community, and provide them with access to a range of health, wellbeing, and lifestyle services to support their recovery.

#### How can I be referred onto the programme?

You can refer yourself onto Caring for Communities, or speak to your health professional.

#### What services does the programme offer?

The programme offers physical activity classes, walking sessions, choir sessions, support groups, mindfulness workshops, and health & wellbeing events.

#### Do I have to have had treatment at the Whittington?

No, you simply have to be over 18 and a resident of Barnet, Enfield, Haringey, or Islington.

#### Is there a cost for the programme?

The programme is free for all patients living across Barnet, Enfield, Haringey, or Islington.

#### Where will the sessions take place?

Session locations are still to be determined. Please enquire for further details.

# Your Details

Prefix	
Full Name	
Date of Birth	
Telephone Number(s)	
Address	
	Postcode
Email Address	

Activities: Interest in... (Please tick where interested)

Physical Activity Classes Walking Choir Support Group Mindfulness Health & Wellbeing Events Other (Please Specify)





#### For more information, contact

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