



## Breast Cancer Haven

We know that the experience of breast cancer can be tough and uncertain. Breast Cancer Haven's team of expert healthcare professionals, counsellors and therapists will support you every step of the way.

### How we can help you

We offer free emotional support, therapies to help with symptom control and practical advice.

### Who can come?

Anyone affected by breast cancer is welcome. You do not need to be a patient at the hospital, you don't need a referral from a doctor and it doesn't

matter where you live. Just come to the most convenient location for you.

You can come before, during or at any time after your medical treatment for breast cancer.

Just call to make an appointment on:

**020 3906 1406**

[breastcancerhaven.org.uk](http://breastcancerhaven.org.uk)

### What free services we offer

Available services vary at each centre but could include:

**Appointments with a healthcare professional** to discuss your concerns and develop a support package best suited to you.

**Emotional support** from professional counsellors.

**Therapies** such as massage and acupuncture to help with the physical and emotional side effects from your medical treatment.

**Healthy eating advice** from nutritional therapists, tailored to you.

**Support films.** Our Haven at Home and Lymphoedema Awareness DVDs can be ordered for free or watched on our website at [breastcancerhaven.org.uk/films](http://breastcancerhaven.org.uk/films)

**Much more** support is available out our flagship centre in Fulham.

For detailed information about services at each centre, visit: [breastcancerhaven.org.uk](http://breastcancerhaven.org.uk)



"I can't begin to explain how incredibly beneficial all my sessions have been. I really believe that I'm in a much better place to move on with my life thanks to all the wonderful people at Breast Cancer Haven." Lisa





## Where is it available?

**Our support is available from the following centres.  
You can choose the most convenient location to you:**

**The Wellington Hospital, Golder's Green**  
Mondays – 10am to 4pm (March to June 2017)

**The Whittington Hospital, Archway**  
Fridays – 10am to 4pm (From June 2017)

**UCLH, Fitzrovia**  
Once a month on Tuesdays from 5.30–7pm. Our counsellor will run a secondary breast cancer support group. Check our website for details.

**Breast Cancer Haven, Fulham**  
Monday to Friday – 9am to 5pm, Wednesday evenings and one Saturday per month.

The Wellington Hospital  
part of HCA Healthcare UK

**NHS**  
Whittington Health  
NHS Trust

University College London Hospitals **NHS**  
NHS Foundation Trust

[breastcancerhaven.org.uk](http://breastcancerhaven.org.uk)

## Contact Us

**Make an appointment:**

**020 3906 1406**

**[london@breastcancerhaven.org.uk](mailto:london@breastcancerhaven.org.uk)**

### Where to find us:

**The Wellington Hospital**  
Diagnostics and Outpatient Centre  
Roman House  
296 Golders Green Rd  
London NW11 9PY

**UCLH**  
Macmillan Cancer Centre,  
Huntley Street  
Fitzrovia  
London WC1E 6AG

**The Whittington Hospital**  
4th Floor  
Magdala Ave  
London N19 5NF

**Breast Cancer Haven, Fulham**  
Effie Road  
London SW6 1TB

### Other Breast Cancer Haven centres are in:

Hereford • Leeds • Wessex • Worcester

### For more information:

Call: **0300 0120 112**  
**[breastcancerhaven.org.uk](http://breastcancerhaven.org.uk)**

 BreastCancerH

 breastcancerhaven

**Working together to bring free, accessible  
support to people affected by breast cancer.**



[breastcancerhaven.org.uk](http://breastcancerhaven.org.uk)



**FUTURE DREAMS**  
SUPPORT . AWARENESS . RESEARCH  
FOR THOSE TOUCHED BY BREAST CANCER

[futuredreams.org.uk](http://futuredreams.org.uk)



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