

Maternity Services

We're here for you from the very start of your pregnancy through to the birth of your baby and beyond.



Home Births

About 1.5% of our women deliver at home. In 2015-16, 52 women booked at the Whittington gave birth at home

What are the advantages of home birth?

• Being in familiar surroundings, where you may feel more relaxed and able to cope.

• No need to interrupt your labour to travel to our birth centre or labour ward.

• Being less likely to need any medical intervention.

Who can birth at home with Whittington midwives?

 Anyone who is booked at the Whittington and lives in the London Boroughs of Islington or Haringey.

Is home birth safe?

• **Yes!** A recent study showed that for low-risk women in their second or subsequent pregnancy, home birth is as safe as a birth centre or labour ward. For low-risk women in the first pregnancy, the risk was slightly higher at home, and 40% needed transfer into hospital.

