Baby feeding cues (signs)

Early cues - "I'm hungry"



Stirring



Mouth opening



Turning head Seeking/rooting

Mid cues - "I'm really hungry"



Stretching



Increasing physical movement



Hand to mouth

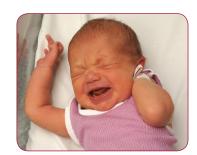
Late cues - "Calm me, then feed me"



Crying



Agitated body movements



Colour turning red

Time to calm crying baby

- Cuddling
- Skin-to-skin on chest
- **Talking**
- Stroking



For more information refer to the Queensland Health booklet Child Health Information: Your guide to the first twelve months Visit the Queensland Health breastfeeding website: http://www.health.qld.gov.au/breastfeeding/

Version 4.0 Effective: 05/2015 Review: 05/2016