

For more information about Hear Glue Ear, please visit the website: <https://hearglueear.wordpress.com/>

Patient advice and liaison service (PALS)

If you have a compliment, complaint or concern please contact our PALS team on 020 7288 5551 or whh-tr.whitthealthPALS@nhs.net

If you need a large print, audio or translated copy of this leaflet please contact us on 020 7288 3182. We will try our best to meet your needs.

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The HearGlueEar App



The HearGlueEar app is now available and FREE to download and use through the App store. It is one of the most reliable apps listed and can be downloaded on iOS & Android

The HearGlueEar app has been designed for children experiencing hearing loss due to glue ear. You will need to register your child's details before being able to access the app.

It was given Children's app of the Year award in 2019 by the UK app awards – please visit:

<https://www.easternahsn.org/local-glue-ear-innovation-wins-childrens-app-of-the-year/>

In the App you will find a host of songs, games and audiobooks created especially for the app to support a child with glue ear.



The HearGlueEar app is free to families and aims to:

- Help your child's development during the 'watchful waiting' period of glue ear management.
- Provide up-to-date glue ear information and useful links.
- Allow you to effectively self-manage your child's condition between appointments.

IMPORTANT INFORMATION REGARDING THE VOLUME

It is important to ensure that the child using this app is listening at an appropriate volume. If the volume is too high this may lead to further hearing loss and damage to the inner ear; if the volume is too low the child will not be able to hear the content and will not get all the benefits of the app. Please take some time to optimise the volume with the child using the app before allowing them to use it.

Glue ear can worsen and improve over time, so the appropriate volume to listen at may also change over time. Regularly review what volume the child is listening at and make adjustments as necessary.

Despite the hearing loss your child is currently experiencing, the mechanisms in their ears are still sensitive and can be damaged.