



## Endoscopy Unit

# DISCHARGE INFORMATION FOLLOWING A BRONCHOSCOPY

### Recovery

If you received sedation, it is important that you rest for the remainder of the day and have someone to stay with you overnight, as these medications can affect your focus or sense of balance. During the first 24 hours following sedation, you must not:

- ✓ drink alcohol
- ✓ drive any vehicles (including riding a motorcycle or bicycle)
- ✓ take sleeping tablets
- ✓ operate machinery or electrical items (including a cooker or kettle)
- ✓ sign any legally binding or important documents
- ✓ work at heights (including climbing ladders or onto chairs)

### Eating and drinking

You may eat and drink normally and resume your normal medication after you leave the department, unless you are instructed otherwise by the consultant performing your procedure.

### When to seek advice

If you have had a biopsy taken, you might have streaks of blood in your spit. Any soreness in your throat or hoarse voice will ease within a day or so. If you experience fever, difficulty breathing or severe shortness of breath, please go to your nearest Accident & Emergency department and explain you had a bronchoscopy procedure done.

For any queries, you can contact endoscopy department on **020 7288 3813/3814** between Monday to Friday from 9am to 5pm.

### Results

You will be contacted by the respiratory team for a follow up appointment to discuss the results. For any queries regarding the follow up appointment, you can contact the respiratory team on **020 7288 5353**.



### Patient advice and liaison service (PALS)

If you have a compliment, complaint or concern please contact our PALS team on 020 7288 5551 or [whh-tr.PALS@nhs.net](mailto:whh-tr.PALS@nhs.net)

If you need a large print, audio or translated copy of this leaflet please email [whh-tr.patient-information@nhs.net](mailto:whh-tr.patient-information@nhs.net). We will try our best to meet your needs.

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